

Friendly Competition: Faculty and staff basketball tournament provides great exercise outlet

May 26, 2015

For years, a handful of active faculty and staff members from across the SUNY Broome campus have gotten their exercise on Tuesdays and Thursdays playing basketball at lunch.

This past Friday, May 22, the group got together to compete in the first-ever Noonball Tournament, an informal, 3-on-3, double-elimination tournament. While the group prides itself on offering a great way to get exercise while having fun, there certainly was a little more spirited competition than usual on display as all the teams vied for the championship trophy and, of course, bragging rights.

Ultimately, a team comprised of Sue Slivan, Victor Lamoureaux and Nate Walz walked away victorious but not without some serious competition from Jeff Hatala, Bill Hollister and Paul O’Heron, who forced a rematch to determine the final champion.

If you’re looking for a great way to meet campus colleagues and get some exercise and you enjoy basketball and don’t mind a little friendly competition you should consider playing. Contact Loren Leonard to be added to “the list”. Hope to see you out there!



Filed Under: [FOCUS on Wellness](#)

© 2022 · SUNY Broome
The Focus: SUNY Broome's Faculty & Staff Newsletter