

Dr. Jesse Boring Publishes Randomized Control Trial in Prestigious Academic Journal

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Assistant Professor Dr. Jesse Boring (Psychology & Human Services) has published a research paper in the October issue of the Journal of Consulting and Clinical Psychology (JCCP). JCCP is one of the most influential journals in the field of Clinical Psychology.

Dr. Boring's paper details his randomized trial of CoD-CoD, an online program for children of divorce. The trial showed that CoD-CoD reduced mental health problems, improved coping and provided the greatest benefits for youth at greatest risk. For every 11 participants, CoD-CoD prevented one clinically significant mental health problem. Thus, if the program were broadly used it's likely that thousands of mental health disorder could be prevented.

Dr. Boring is currently offering the CoD-CoD program at www.cod-cod.com.

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