

## BECA Workshops

Spring 2021

All workshops will be offered from 11- 11:50 am via ZOOM

Date	Offerings
Feb 18	<b>It's BCC Foundation Scholarship Time</b> Amy Englehart
Feb 25	<b>Self-care to Avoid Burnout</b> Melissa Martin
March 4	<b>Advising &amp; Registration Readiness.</b> <span style="float: right;">Emma</span> Whittaker & David Michalak
March 11	<b>Resilience (documentary)</b> Karen Lawrence & Melissa Martin
March 18	<b>The Science of ACEs</b> Karen Lawrence
March 25	<b>Creating a Culture of Literacy: It Just Takes All of Us!</b> Brigid Hubberman
April 1	<b>Family Engagement: Communication &amp; Culture</b> Karen Lawrence
April 8	<b>Building Family Partnerships to Support Young Children's Learning &amp; Development</b> Lenny Grozier
April 15	<b>Creating Environments to Inspire Young Learners</b> Lenny Grozier
April 22	<b>The Literacy Legacy Project</b> Lisa Strahley
April 29	<b>Teaching &amp; Leading During a Pandemic</b> <span style="float: right;">Kevin Strahley &amp;</span> Tracy D'Arpino
May 6	<b>The Hurried Child</b> Lisa Strahley
May 13	<b>Diversifying Learning Experiences</b> Lisa Strahley

## **February 18<sup>th</sup>: It's BCC Foundation Scholarship Time**

*Presented by Amy Englehart*

Find out how to apply for and improve your chances for being selected.

## **February 25<sup>th</sup>: Self-care to Avoid Burnout**

*Presented by Melissa Martin*

In addition to the current pandemic life we are all experiencing, you are entering a helping profession – it is important to learn to help yourself, before helping others. Let's talk about some ways to avoid burnout – or at least recognize it and care for ourselves.

## **March 4<sup>th</sup>: Advising & Registration Readiness**

*Presented by David Michalek, Lisa Strahley, & Emma Whittaker*

It's time to start preparing for Fall 2021 Registration. Join the Teacher Education & Early Childhood Department Chairperson, Professor Lisa Strahley along with Academic Advisors; David Michalek and Emma Whittaker to gain insight on program requirements, certification criteria, advising sign-ups, and more.

## **March 11<sup>th</sup>: Resilience**

*Facilitated by Karen Lawrence & Melissa Martin*

Join us for a viewing of the documentary "Resilience", a film that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent toxic stress. Due to the length of the movie, follow up discussion will occur on March 18<sup>th</sup>.

## **March 18<sup>th</sup>: The Science of ACEs**

*Presented by Karen Lawrence*

ACEs (Adverse Childhood Experiences) are serious childhood traumas. Prolonged exposure to ACEs can create toxic stress, which can damage the developing brain and body of children and affect overall health for a person's lifetime. But "risk does not equal destiny" and there is much we can do to foster resilience in ourselves and the children we work with. Join us for a discussion on the science of ACEs and the promise of resilience. (Note: you do not need to view the movie in order to attend this discussion).

## **March 25<sup>th</sup>: Creating a Culture of Literacy: It Just Takes All of Us!**

*Presented by Brigid Hubberman*

A future filled with hope and promise begins with books at home. Imagine if all families knew how important it is to talk and read to their babies and children, just as they know to feed and clothe them. Ensuring families have access to books at home, and the encouragement and support to read-aloud to their children may be the most important public health issue of our time.

## **April 1<sup>st</sup>: Family Engagement: Communication and Culture**

*Presented by Karen Lawrence*

This session provides an introduction to concepts of communication and culture that impact the ways educators and educational organizations interact with families. Overall, the aim is to ensure that we are mindful of how to communicate with parents, guardians, and families to ensure that we can be truly culturally responsive and welcoming to all.

### **April 8<sup>th</sup>: Building Family Partnerships to Support Young Children's Learning & Development**

*Presented by Lenny Grozier*

Families are a child's first teacher. This session will provide information on strategies to build partnerships with families of young children to support their learning and development. Various ways to engage families of diverse cultures and comfort levels will be shared along with examples of projects implemented in our community.

### **April 15<sup>th</sup>: Creating Environments to Inspire Young Learners**

*Presented by Lenny Grozier*

Environments affect our state of mind and level of engagement. This session will provide information on ways to intentionally arrange the classroom environment to enhance focus, curiosity, creativity and critical thinking skills with a concentration on using loose parts and natural elements.

### **April 22<sup>nd</sup>: The Literacy Legacy Project**

*Presented by Lisa Strahley*

Were you inspired by the amazing work being done by Brigid Hubberman (our March 25<sup>th</sup> presenter)? We were!! Join Professor Lisa Strahley, founder of the Literacy Legacy Project, a local early literacy initiative that is supporting children and families in our community.

### **April 29<sup>th</sup>: Teaching and Leading Through a Pandemic**

*Presented by Tracy D'Arpino and Kevin Strahley*

Change is a cornerstone of education and the changes brought upon us by the pandemic is no exception. COVID has prompted our public schools to make profound adjustments in the way we interact with families and students, deliver curriculum, and measure success. Join JCSD, Assistance Principal of K-2, Tracy D'Arpino and WCSD, Middle School Principal, Kevin Strahley to hear how the districts responded to the pandemic in order to support our teachers, families, and students.

### **May 6<sup>th</sup>: The Hurried Child**

*Presented by Lisa Strahley*

Childhood is a special time in human development where we learn to love, trust, and care for ourselves and others. It is a time that shapes our beliefs and values. Childhood is marked by significant growth and development in all domains (SPLICE). Who we become is largely shaped by the people and experiences surrounding us in our everyday lives. So, what happens when we, as a society, shortchange childhood? Join Professor Strahely as she discusses this issue.

## **May 13<sup>th</sup>: Diversifying Teaching Experiences**

*Presented by Lisa Strahley*

Creating *YES* environments for children is an essential part of quality teaching and learning. Understanding the unique needs of each child helps educators meet this goal. Join Professor Strahley to begin thinking about what, if any, influence that classroom environment plays in a child's academic success when viewed through the lens of gender.