



**Now more than ever it's  
important you understand your  
healthcare.  
We're here to help.**

I am a certified NYS Marketplace Navigator, working with the Southern Tier Independence Center, our services are completely free!

Since 2014, NYS had redesigned Medicaid and made it more accessible for consumers. Do you know your options? If you haven't had a health insurance plan outside of an Employers or Parents Program, it can seem overwhelming.

We are living through a Pandemic, and no one should wait until their sick to figure out if their covered. Please call, or email. We work remotely, so if you leave a voicemail or email I can respond you back immediately.

**Theresa Askew, Health Insurance Navigator**

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