

SUNY Broome Employee Wellness Committee  
presents



# Financial Wellness Lunch & Learn

Matt Kisloski from Visions FCU will  
present:

## Debt Management & Credit Health

- Understanding credit scores and reports
- Strategies for paying down debt (snowball vs. avalanche)
- Managing student loans, medical debt, and credit cards
- When consolidation or refinancing makes sense

 Date:

February 19,  
**2026**

Lunch will be provided.  
Including vegetarian option.



**12:30 PM -  
1:30 PM  
Wales 203B**

Register today to save your seat!

**SUNY BROOME**  
**VISIONS**  
FEDERAL CREDIT UNION