



Take a Break, A Wellness Break... October 10, 2024

SUNY Broome Students, Faculty and Staff

10:30am Stomp Out Stigma Walk

11:15am Paint the Ice- Ice Center

**11-2 Community and Campus-wide
programs tabling**

Popcorn, refreshments, snow cones and door prizes for students!

11-3 Yard Games in the Quad

12-1:30 Music Jam under the Pavilion

3 Diferent Sound Baths throughout the day

**1:30-3:00 Wellness Workshops in the
Gallery (Library)**

**Music & Entertainment
brought to you by**



**4:15 Guided Hike up Whittaker Way-
Meet outside of the Student Center**

**Donations are being collected
for the
Hornet Hope Center**