JOIN COUNSELING SERVICES FOR

Wellness Wednesdays

Bee Kind

10/2

10/9

10/16

10/23

WEDNESDAYS SCIENCE BUILDING ROOM 105 1:00 - 2:00 PM

If you need accommodations to participate in this event, please contact the Accessibility Resources Office at aro@sunybroome.edu or 607-778-5150 to discuss your needs ASAP.

Week 1:

Rock

Painting

Week 3:

Canvas

Painting

Week 2:

Retro Board

Games

Week 4:

Self-Care

Activity

