Mental Health First Aid, Narcan, and Science of Addiction Training

Learn how to support your friends, family, and neighbors

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults. You'll build skills and confidence you need to reach out and provide initial support to those who are struggling.

Narcan and Science of Addiction training includes education on how to recognize the signs and symptoms of opioid overdose and how to respond using Narcan (Naloxone), as well as a deeper understanding of how addiction affects the human body and mind. All who attend the full Narcan and Science of Addiction training will receive a free Narcan kit.

Next Course:

<u>Mental Health First Aid</u> Thursday, October 3rd <u>and</u> Friday, October 4th 11AM-4PM

> Narcan and Science of Addiction Friday, October 4th 4-5PM Wales 203B

Registration is Required. *Register Here* Contact Julianne Lee for more information: jlee@rhnscny.org (607)788-6896

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Mental Health FIRST AID



RURAL HEALTH NETWORK Serving South Central New York