

# February 2018



# Listen and donate: Dr. Battisti, Dr. Hasemann to aid phoneathon for St. Jude

February 1, 2018  
Buzz



*SUNY Broome Executive Vice President and Chief Academic Officer Francis Battisti speaks to P-TECH students*



SUNY Broome Executive Vice President and Chief Academic Officer Francis Battisti speaks to P-TECH students

Call 98.1 The Hawk tonight to donate to their St. Jude's Children's Hospital fundraiser and you may hear a familiar voice on the other line: SUNY Broome's own Executive Vice President and Chief Academic Officer Francis Battisti, as well as Dr. Tina Hasemann, adjunct instructor in the Hospitality Programs Department.

Dr. Battisti and Dr. Hasemann will be among the local "celebrities" answering phones for the radio station's phoneathon, which runs from 6 a.m. to 7 p.m. Feb. 1 and 2. Dr. Battisti be working the lines from 5 to 7 p.m. Feb. 1, while Dr. Hasemann will be answering calls from 4 to 7 p.m. Feb. 2.

Want to donate? Call 1-800-372-4999 or text the word **HAWK** to 7-8-5-8-3-3. **You can also make an online donation here.**

Click [here](#) to read about the effort and how St. Jude impacted the family of a local child treated there.



# Stress Management and Mindfulness Group for Students

February 1, 2018

Buzz

Need to de-stress? Join our students-only stress management and mindfulness group, which will meet weekly for six weeks. In the group, you will learn and work on skills to help you manage stress and find balance this semester.

The first meeting is at 11 a.m. Wednesday, Feb. 14, in Counseling Services, located in Student Services Building Room 210.

Please register for the group by Feb. 8 by contacting Melissa Martin in SS-210, calling 778-5210 or emailing [martinmm2@sunybroome.edu](mailto:martinmm2@sunybroome.edu).



# Diving in: Chelsea explores her future career in Sport Studies

February 1, 2018  
Buzz,Featured News,HiveHQ



*Chelsea Deuel*

Chelsea Deuel Sports – in various iterations — have long been an integral part of Chelsea Deuel’s life.

At Binghamton High School, she competed in track and field, indoor track, diving and cheerleading. After graduating high school, she earned her coaching certification and worked as a swimming and diving coach for two summers, an experience that made her realize a love for teaching.

Why does she love sports so much? “I have a lot of energy and I like to win,” she said.

Majoring in Sport Studies at SUNY Broome proved to be a perfect fit.

“I had a great time,” Chelsea, who will graduate in May, said of her SUNY Broome experience. “I chose the major I really enjoy doing.”

She loves the classes she has taken in the program, including Fitness and Wellness and Team Sports. During the latter class, she took to the court to play against faculty and staff in a charity volleyball game.

She met Coach Collin Crawford through her tennis class, and joined the small but mighty SUNY Broome women’s tennis team. The Lady Hornets were once again Region III champions and competed at the 2017 NJCAA National Tennis Championships in Georgia, where they tied for fifth place.

It was a remarkable experience for Chelsea, who also participates in Hornets cheerleading and will play on the softball team this spring.

“I made a lot of friends, especially doing a lot of sports,” she said.

It can be tough to balance competition with classwork, but Deuel gets the job done. For tough classes, such as Anatomy and Physiology, she took advantage of tutoring offered in the college’s Learning Assistance Department, making sure to make every session.

“I know I would do well if I worked hard,” she said.

Deuel, who plans to transfer to SUNY Cortland and eventually become a physical education teacher, had an in-depth look into the realities of her chosen field in Professor Christine Duffy-Webb’s Introduction to American Education class. As part of the course, she spent 30 hours shadowing teachers in Port Dickinson Elementary School, Binghamton High School and Ben Franklin Elementary School.

“She played an important role in showing what a future life as an educator will entail,” she said of her professor.

Chelsea Deuel playing tennis

Chelsea Deuel and a tennis  
teammate



## Get reading: The Great Books discussion begins Feb. 9

February 1, 2018

Buzz

This semester's Great Books Discussion will begin at noon Friday, Feb. 9, in the LA Conference Room in Titchener 210.

The books that will be discussed during the Spring 2018 semester are *A Visit From the Goon Squad* by Jennifer Egan (winner of the Pulitzer Prize) and *Snow* by Orhan Pamuk, a Nobel Prize Winner. These books have earned acclaim as notable books of the 21<sup>st</sup> century.

For further information, contact I.J. Byrnes at [byrnesij@sunybroome.edu](mailto:byrnesij@sunybroome.edu)

Sponsored by Phi Theta Kappa and the English Department



# What's Up on the Trail? Changing Seasons

February 1, 2018  
Buzz



*Deer at a vernal pool*



Deer at a vernal pool

It might seem cold and dreary out now, but life continues in the SUNY Broome Natural Areas. Our trail cameras have been deployed for about 8 months and have already captured an amazing amount of activity—including 17 species of mammals and 16 species of birds. The cameras are sometimes “accidentally” triggered and also take a series of 8 shots when triggered, so sometimes there are pictures taken with no animals showing. This post shows the seasonal changes that have occurred near our Vernal Pool area at the top of the West Woods—starting in June and into the start of the new year.

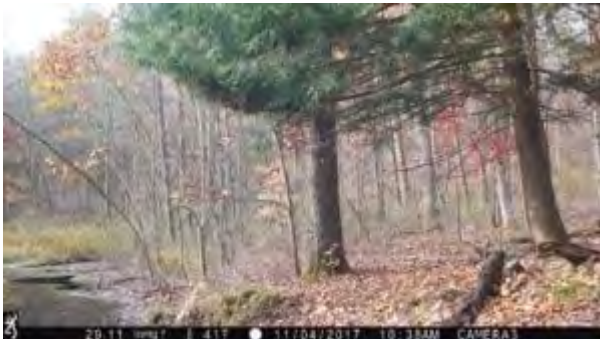


The SUNY Broome Natural Area

Weekly Noon Walks will be starting on Tuesdays at 12 p.m. with our first one on Feb. 6, 2018. RSVP to Victor if you want to meet and go out with us!



The SUNY Broome Natural Area



The SUNY Broome Natural Area





The SUNY Broome Natural Area



The SUNY Broome Natural Area



Here is a shot of the Steward of the Natural Areas—  
Victor Lamoureux of the Biology department in our West  
Woods. If you have questions about the Natural Areas contact  
him at [lamoureuxvs@sunybroome.edu](mailto:lamoureuxvs@sunybroome.edu)  
For students, there are volunteer activities and independent  
studies available.





## In the Community: Freeze Out 5K on Feb. 23

February 1, 2018  
Buzz



Help the Binghamton Rescue Mission freeze out homelessness this winter with the Freeze Out 5K!

The event takes place on Friday, Feb. 23, 2018, in Endwell's Highland Park. Registration starts at 6 p.m. with the race starting at 7 p.m.

Run or walk, and enjoy great food, glow lights and accessories, fun music and a deejay. Register today at [freezeout5k.com](http://freezeout5k.com) or call (607) 793-5742 for more information.

[2018 Freeze Out 5k Flyer \(PDF\)](#)





# Theater to hold 'Speak Out' project for Black History Month

February 1, 2018  
Buzz



SUNY Broome Theater is announcing “The Speak-Out Theater Project,” which will allow for original dramatic material to be possibly produced

“Our first project is for Black History Month and will consist of students reading the words of famous or notable African-Americans during Common Hour times, Theater Director Katherine Bacon said.

The project is open to any African-American on campus who would like to put in some time to participate. The only requirement is to be comfortable reading off a script and to sign up on Monday, Feb. 5, or Wednesday, Feb. 7, from 1 to 2 p.m. in front of the theater in the Student Center Lobby.

Please see the attached poster for more information.

[Poster For Speakout \(PDF\)](#)



# Professor Montemagno achieves certification as Professional in Catering and Events

February 1, 2018

Buzz

Assistant Professor Maria K. Montemagno in SUNY Broome's Hospitality Programs Department has achieved her certification as a Professional in Catering and Events (CPCE) from the National Association for Catering and Events (NACE).

This is an extremely difficult certification to achieve, requiring an expansive curriculum vitae demonstrating extensive industry experience, noted and verified contributions to the profession, and advanced educational as well as continuous professional development achievements. The strictly timed and proctored exam is comprised of 150 detailed industry questions covering topics of special events equipment layout and design, food and beverage management and labor cost controls, sanitation, audio/visual competencies, culinary arts, and marketing and promotions.

Please join us in congratulating Maria for this extraordinary accomplishment!



## Heart healthy: Free blood pressure screening Feb. 6

February 2, 2018  
Buzz

Stop by the Student Center between 11:30 a.m. and 1:30 p.m. Tuesday, Feb. 6, to get a free blood pressure screening!

Medical Assisting seniors, joined by Professor O'Hara-Leslie and Professor McLain, will be available to provide blood pressure screenings for campus faculty, staff, and students.



# Get fit: Join the Student Wellness Challenge by Feb. 12!

February 2, 2018  
Buzz



**Think you're fit? Want to get fit?  
The SUNY Broome Student Wellness Challenge may be for you!**

Criminal Justice & Emergency Services, Physical Education and Sport Studies and Student Health Services are sponsoring a challenge to motivate our students to work toward achieving better fitness in Spring 2018. It is based on the New York State Municipal Police Training Council Fitness standards, which measure fitness using running ability, sit-ups and push-ups. The ultimate goal will be to meet or exceed the standards, but participants can set their own goals and work toward improvement.

The Challenge will start on February 15 with an initial assessment and end on April 26 with a final evaluation. A progress assessment will also be offered on March 29 to let participants check their status against their goals. Assessments will be conducted from 2 to 4 p.m. on the dates noted.

Any student who signs up for the Challenge and completes the initial assessment will receive a Wellness Challenge water bottle. Participants who

successfully complete the Challenge will receive a Certificate of Completion and a T-Shirt.

Prizes will also be awarded for Most Improved and the leaders in each of the Challenge categories. Students are required to participate in the pre- and post-test, and are strongly encouraged to participate in the mid-test to measure their progress.

Suggested clothing: Workout clothing including sweatsuits or shorts and T-shirt as well as a good pair of gym shoes. Sign up for the challenge before February 12 by clicking [here](#) and filling out the form.

Be sure to sign up early! Participation is limited to the first 350 students. An email confirming your registration will be sent on or before Feb. 12.

**A note to faculty and staff:** We are seeking faculty and staff to volunteer at the physical agility test events. If you would like to volunteer to assist, please email Kerry Weber at [kalickweberkc@sunybroome.edu](mailto:kalickweberkc@sunybroome.edu)

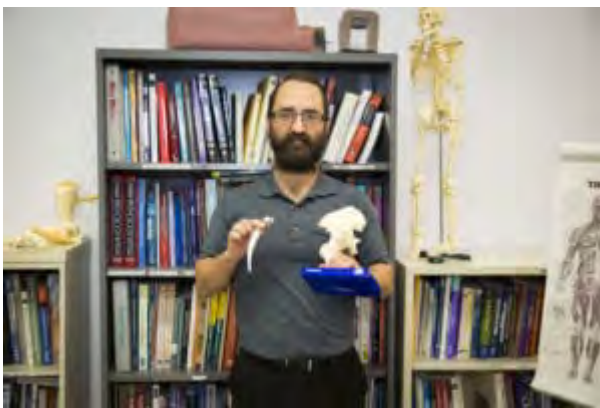


# Changing Lives: Samuel strives to make a difference as a Physical Therapist Assistant

February 2, 2018  
Featured News



*Samuel Payzant holds the model of a hip replacement. Physical Therapist Assistants help patients recover mobility following surgery, injury or other impairment.*



Samuel Payzant holds the model of a hip replacement. Physical Therapist Assistants help patients recover mobility following surgery, injury or other impairment.

Payzant worked as a substitute teacher for years and then as a student debt collector, he wasn't able to secure a full-time job in the field. It was time for a career change.

His wife's physical therapist and his aunt, who works as a sports PT, both recommended the program. Additionally, his sister Hannah Meyn, a SUNY Broome Nursing graduate and a nurse at UHS Wilson Hospital, also recommended looking into SUNY Broome.

The program is demanding, but helps students develop the skills and knowledge they need. Students also work together as a class, developing the teamwork mindset they will need in the field.

"The resources and the support are there to do well if you want to," Payzant said.

## Helping fellow students

At SUNY Broome, Payzant shared his talents as a biology tutor for the Learning Assistance Department and as a Supplemental Instruction (SI) leader for BIO 090/131.

"A few students told they passed because of the help I provided them in SI. I was happy to be a part of the success of all the students I worked with," he said.

He also participated in the new peer mentoring community internship with Dr. John Pierog, helping develop the program for future students. The first five weeks of the course prepare mentors to help incoming freshmen with writing, navigating the campus and taking advantage of campus resources, Payzant explained. Then mentors are assigned to students, helping them succeed in their first semester.

Payzant also became one of the PTA class officers during his time at SUNY Broome. He received the Judith C Peckham and Steven L Amell scholarships from the Broome Community College Foundation and plans to pay it forward, establishing a scholarship in honor of his sister Hannah, who passed away last October.

## Creating a caring environment

Samuel can be considered a non-traditional student in two ways: by gender and by age. His classes are typically about two-thirds female and one-third male, he said. As someone who earned a prior degree in elementary education, he is accustomed to being in the minority, gender-wise.

"I'm more of a soft-spoken, quiet person, which puts me in that kind of field where there is a more caring, nurturing environment," he explained.

In his 30s, he's also a little older than the traditional college student and he acknowledges the challenge in balancing coursework with the needs of a household. Despite the bumps in the road, the journey will help him achieve his goal: to have a positive impact on the life of others.

While working through the PTA program, he also became a certified personal trainer (CPT) and corrective exercise specialist (CES) through online classes with the National Academy of Sports Medicine. After graduating, he hopes to work as a Physical Therapist Assistant in a hospital or

outpatient setting, supplemented by a side career as a corrective exercise specialist, working with people who want assistance in returning to function. Many insurance companies only pay for 20 physical therapy visits per year, and work with a CES – while out of pocket – is an affordable option for those who are over the annual limit.

“Working hard to provide care and service to others is the essential foundation of a career in healthcare and offers me the greatest opportunity to have a positive impact on the world,” he said.





## **Attention students: Scholarship applications are now available!**

February 4, 2018

Buzz

The Broome Community College Foundation's online Scholarship Application is now open for students interested in applying for scholarships. The deadline for continuing students to apply will be Feb. 23, 2018. The deadline for prospective students (incoming freshman) will be March 30, 2018.

Please see the Foundation Office in the Wales Building Room 201 with any questions.



# Black History Month Lunch and a Movie: 'Dear White People' on Feb. 6

February 4, 2018  
Buzz



Join the President's Task Force on Diversity and Inclusion on Feb. 6 for a showing of *Dear White People*. View the movie over lunch and discuss it afterward.

The event runs from 11 a.m. to 2 p.m. Feb. 6 in Decker 117. Attendees will receive tickets to see *Black Panther* at Regal Cinema on Feb. 18.



## The Great Books Discussion begins on Feb. 9

February 4, 2018

Buzz

This semester's Great Books Discussion will begin at noon Friday, Feb. 9, in T-210, the Liberal Arts conference room.

The books that will be discussed during the Spring 2018 semester are *A Visit from the Goon Squad* by Jennifer Egan, winner of the Pulitzer Prize, and *Snow* by Orhan Pamuk, a Nobel Prize winner. These books have earned acclaim as notable books of the 21st century.

The event is sponsored by Phi Theta Kappa and the English Department. For more information, contact I.J. Byrnes at [byrnesij@sunybroome.edu](mailto:byrnesij@sunybroome.edu).



## **Feb. 8 Common Hour: Scholarships for SUNY Broome students**

February 4, 2018  
Buzz

Join representatives from the BCC Foundation to find out how you can become a candidate for the many scholarships offered by the college and its four academic divisions. The event begins at 11 a.m. Feb. 8 in T-102.



# The Monday Poem: 'The New Colossus' by Emma Lazarus

February 4, 2018  
Buzz

The Monday Poem is brought to you by Professor Jim Gormley of the English Department. Enjoy!

## ***The New Colossus***

*by Emma Lazarus*

Not like the brazen giant of Greek fame,  
With conquering limbs astride from land to land;  
Here at our sea-washed, sunset gates shall stand  
A mighty woman with a torch, whose flame  
Is the imprisoned lightning, and her name  
MOTHER OF EXILES. From her beacon-hand  
Glowed world-wide welcome; her mild eyes command  
The air-bridged harbor that twin cities frame.  
"Keep, ancient lands, your storied pomp!" cries she  
With silent lips. "Give me your tired, your poor,  
Your huddled masses yearning to breathe free,  
The wretched refuse of your teeming shore.  
Send these, the homeless, tempest-tost to me,  
I lift my lamp beside the golden door!"

## **About this poem**

It's a sonnet written to help raise money for the pedestal of the Statue of Liberty. It was engraved on the statue's pedestal in 1903. Of late it has become a bit controversial among politicians. Current political histrionics aside the poem has become an important piece of American culture. John F. Kennedy quoted it in his book, *A Nation of Immigrants*, classical composer David Ludwig set the poem to music, American Poet Sylvia Plath referred to it in her poem *Lady Lazarus*. *Irving Berlin and Alfred Hitchcock also quoted it in their works*. We'll close this little missive with a quotation by one of America's more highly regarded current authors, Paul Auster:

"Bartholdi's gigantic effigy was originally intended as a monument to the principles of international republicanism, but 'The New Colossus' reinvented the statue's purpose, turning Liberty into a welcoming mother, a symbol of hope to the outcasts and downtrodden of the world."



## Calling all adult learners: Time Management workshop Feb. 7

February 4, 2018

Buzz

Are you, or do you know, an adult learner trying to balance school, work and family and maintain a personal life? It can be challenging. Let SUNY Broome help!

Join us for a Time Management webinar at 6 p.m. Feb. 7 at 6 pm. [Click here to sign up today.](#)





## On-campus construction activities for the week of Feb. 5

February 5, 2018  
Buzz



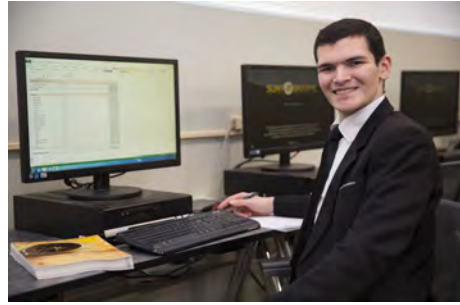
- Roof decking has been placed on the Connector roof and entrance-way canopies between the new Calice Advanced Manufacturing Center and the Business Building.
- Demolition continues between the AT Building and the new Calice Center. Please advise if the noise created by this demolition causes disruption to classes in the AT Building.
- Excavation for the new elevator in Calice continues.
- Installation of duct work and exterior brick work continues.
- Interior priming and painting continues.

If anyone has any questions, please do not hesitate to contact David Ligeikis at (607) 765-9710.



# Star students: Meet James and Orion, All-USA Scholarship winners

February 5, 2018  
Featured News



*James Gill*



James Gill

Whether it's business or math, martial arts or civic engagement, James Gill and Orion Barber are proud Hornets — and role models at SUNY Broome.

Both are actively involved in the college's chapter of Phi Theta Kappa, and were recently selected for the international honor society's prestigious All-USA Scholarship.

The All-USA Academic Team recognizes high achieving two-year college students who demonstrate academic excellence and intellectual rigor combined with leadership and service that extends their education beyond the classroom to benefit society. Twenty team members are named annually, with each receiving a \$5,000 scholarship.

### **James Gill**

James, who was technically homeschooled, began taking classes at SUNY Broome in 2015 when he was still considered a high school student. The sophomore Business Administration major, who will graduate this May, plans to attend Binghamton University's School of Management in 2018. His ultimate goal:

Earn an MBA and pursue a rewarding career in supply chain management.

Professor Steven Ohl encouraged James, prompting his interest in supply chain management. "It's a really interesting field and really important in this age of globalization," James explained.

Currently vice president of media relations for PTK, James is also an accomplished martial artist. He has studied the Korean art of Tae-Kwon-Do for the last seven years and currently holds a blue belt, the third highest rank in the art. He's currently training for his brown belt, one rank below the coveted black.

His father works part-time at Greater Binghamton Airport, which has given James and his family the opportunity to travel the world. So far, James has been to Italy, Germany, Austria, Japan and the United Kingdom.

"It's a really good starting place for students like myself. It's very local, so I've been able to stay in touch with my community here," James said of his SUNY Broome experience. "I've met so many wonderful professors here. Many of them had experience outside of academia, which is really important."

### **Orion Barber**

When it comes to campus life, Orion Barber is a bit like his namesake constellation: bright and highly visible.

Orion is deeply involved in campus life as president both of the college's chapter of Phi Theta Kappa and president of the Women's Discussion Group (he was the only member from the previous year). As the student representative on the college's Board of Trustees, he takes part in a decision-making process that affects the college as a whole, serving alongside community leaders and the college's president.

He has a passion for civic engagement and has participated in variety of progressive causes off-campus, including volunteer work for political campaigns and marshalling marches for Citizen Action. He's also been recently invited to the International Scholar Laureate Program, and is a Congressionally Commended Eagle Scout.

Orion is currently working toward two degrees: an A.S. in Mathematics and an A.A.S. in Paralegal Studies, a testament to his passion for numbers and for civic engagement. Ultimately, he hopes to pursue mathematics as a field, although he's open to his career options: professor, researcher and big data scientist, to name a few.

Orion Barber

"One of the things I love about math is it's such a broad topic that I'm comfortable not knowing exactly where my career path will be," Orion reflected.

His ultimate transfer school is the University of Oxford in Great Britain, the oldest university in the entire English-speaking world. He has a deep appreciation for British culture as well as its healthcare system, fostered during an applied learning trip he took to Cornwall in the summer of

2016. Another long-term dream: return to France, where he did a brief exchange student program in Union-Endicott High School.



# Spotlight on SUNY Empire's partnership with SUNY Broome

February 5, 2018

Buzz

*SUNY Empire State College Humanities and Arts Associate Dean Megan Mullen writes:*

Last October I had the pleasure of attending an open house and information session to herald the launch of a new Empire State College partnership with SUNY Broome in Binghamton. It was an enjoyable event, where I was able to meet or reconnect with people from both institutions. A recent article in the Exchange on January 18 brought this event back to mind, as it discussed a student, Trisha Glezen, who is an alumna of both SUNY Broome and Empire State College.

In addition to the ESC partnership, SUNY Broome has a partnership with the private, not-for-profit Excelsior College. Some unique attributes of the ESC partnership specifically include our individualized degree programs, faculty mentors, PLAoptions, and several of the content areas we offer students.

Terri Fadden, MSW, in the SUNY Broome Bachelor Partners Office stated that, "Although many SUNY Broome graduates have transferred to SUNY Empire over the years, the formation of a closer relationship between these two colleges could foster increased ESC visibility to non-traditional SUNY Broome students exploring transfer options and provide a smoother transition for those who choose ESC."

Dr. Paul Miller, Assistant Professor in Historical Studies and the Faculty Academic Coordinator for the Binghamton location, has been ESC's lead in this

initiative. He credits great relationships with Fadden and others at SUNY Broome as key to the partnership's success – along with the presence of ESC faculty on the community college campus to meet students and discuss what the transfer would entail.

Miller explains, "This is our third agreement with SUNY Broome. The other two were pathways agreements with the media and human services departments. The partnership program is a sort of 'uber' pathway agreement." He further states that:

[T]hrough this partnership, students can take up to 79 credits at SUNY Broome before transferring to ESC. As students complete the program, they receive mentoring from ESC faculty, while completing credits at SUNY Broome. ESC faculty help students select foundation courses at Broome with eventual AOS requirements in mind.

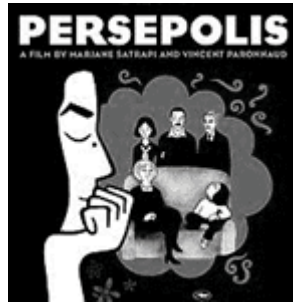
Miller is not the only ESC faculty member involved in the partnership, either. As of late January, according to Fadden, 81 SUNY Broome students had made appointments to speak with one of the Binghamton location faculty: Miller, Barbara Rivera, or Roni O'Geen.

Several people I've communicated with believe that what has been accomplished in Binghamton would work with other community colleges as well. Perhaps too, Miller suggests, what works with the SUNY Broome partnership could "be applied to a major employer or government agency, anywhere with prospects."



# Join Phi Theta Kappa for the Spring 2018 International Film Series

February 5, 2018  
Buzz



Phi Theta Kappa  
presents  
International Film Series, Spring 2018  
All films in TH 101 at 7pm

Note: This is a **Phi Theta Kappa Honor Society-sponsored film series** designed to support the current Honors Study Topic, which is *Transformations: Acknowledging, Assessing and Achieving Change*.

**Presiding Faculty:** Our thanks go to our film guide, **Dr. Mary Donnelly** of the English Department.

Questions should be sent to **Professor I.J. Byrnes** of the Philosophy Program and Faculty Adviser to Phi Theta Kappa at: bymesij@sunybroome.edu

The scholarly goal of the film series is to increase global understanding and appreciation for other cultures. It is also designed to enhance the global competencies of the attendees and to further an understanding of Phi Theta Kappa's honors study topic. This particular series examines women's issues from a global perspective.

Finally, in an increasingly global job market, it will no doubt prove helpful to have an international-experience-at-home as scholars at Cornell University have described it.

**Scholarly Certification:** Those who attend the majority of the film series and participate in discussions will be awarded a certificate at the last scheduled screening.

The Film Festival will be held Wednesdays at 7 p.m. in Titchener Hall, Room 101, on the dates noted below.



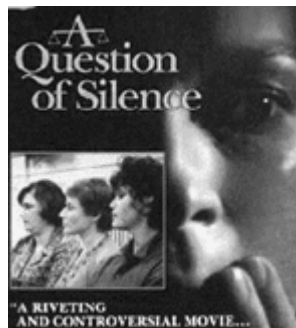
Wednesday, February 20

***Jeanne Dielman, 23, Quai du Commerce, 1080, Bruxelles***

(Belgium, 1975)

Directed by Chantal Ackerman.

A lonely widowed housewife does her daily chores, takes care of her apartment where she lives with her teenage son, and turns the occasional trick to make ends meet. However, something happens that challenges her safe routine.



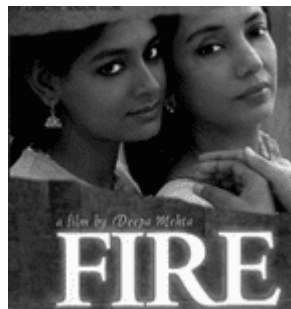
Wednesday, March 7

***A Question of Silence***

(1982, Netherlands)

Directed by Marleen Gorris

Three women, strangers to each other, meet in a dress boutique and beat the shop proprietor to death. Other female shoppers ignore the whole situation and leave when the crime is complete. The court-appointed female psychiatrist who examine the women comes up with a unique defense.



Wednesday April 11

***Fire***

(1996, India)

Directed by Deepa Mehta

*Fire* portrays a forbidden love between two women in India. The film was highly controversial at the time of its release as it touches on homosexuality and the freedom of women to act on their desires.

Wednesday April 25

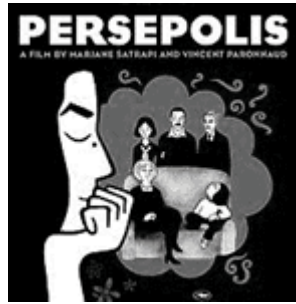
***The Magdalene Sisters***

(2002, Ireland)

Directed by Peter Mullan



Three young Irish women struggle to maintain their spirits while they endure dehumanizing abuse as inmates of a Magdalene asylum, a home for sinful women.



Wednesday May 9

*Persepolis*

(2007, Iran)

Directed by Marjane Satrapi & Vincent Paronnaud

The poignant story of a young girl in Iran during the Islamic Revolution. It is through the eyes of precocious and outspoken nine year old Marjane that we see a people's hopes dashed as fundamentalists take power.





# Tips: You can prevent the flu

February 6, 2018  
Buzz

## You Can PREVENT THE FLU

- 1. Avoid close contact.**  
Avoid close contact with others who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- 2. Stay home when you are sick.**  
If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- 3. Cover your mouth and nose.**  
Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- 4. Clean your hands.**  
Washing your hands often will help protect you from germs.
- 5. Avoid touching your eyes, nose or mouth.**  
Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- 6. Practice other good health habits.**  
Get plenty of sleep, be physically active, manage your stress, eat plenty of fruits, and eat nutritious food.



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- 3. Cover your mouth and nose.**  
Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- 4. Clean your hands.**  
Washing your hands often will help protect you from germs.
- 5. Avoid touching your eyes, nose or mouth.**  
Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- 6. Practice other good health habits.**  
Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.



Getting your flu shot is the first and best defense against the flu. But even if you've received your flu shot, you can still get the flu. There are several steps you can take to prevent coming down with the flu this season. If you're not feeling well, we have a medical provider on staff. Provider hours are posted on the SUNY Broome Student Health Services webpage. You can call us at 607-778-5181 or email [healthservices@sunybroome.edu](mailto:healthservices@sunybroome.edu). <http://www2.sunybroome.edu/safety/health-services/>



## Transferring to a SUNY college? Save up to \$350!

February 6, 2018

Buzz

SUNY Broome graduates will receive seven **free** SUNY application fee waivers and save up to \$350 if they're looking to transfer to a SUNY school. To be eligible, students must use a SUNY application.

Pick up a SUNY Viewbook in Student Services 210 to explore your options. Transfer questions? Get answers at Counseling Services. Visit Student Services Room 210 or call (607) 778-5210.



# Need food? Fresh Fridays comes to campus Feb. 9, March 2, April 13 and May 4

February 6, 2018  
Buzz



The Mobile Food Pantry from the Southern Tier Food Bank will be on campus to distribute food to those in need during Fresh Fridays. Distribution will be in the Student Village parking lot from 10 to 11 a.m. February 9, March 2, April 13, and May 4.



## Feb 13 public deliberation: Immigration in America

February 6, 2018  
Buzz

Join faculty presenter Doug Garnar at 11 a.m. Feb. 13 in T-209 for a public deliberation on “Immigration in America: How do we fix a system in crisis?”

This deliberation looks at three approaches to fixing a crisis: welcoming new arrivals, protecting our borders, and promoting economic prosperity. Issue guides are available at the Garnar Center for Civic Engagement, located in Room 104 of the Old Science Building.



# Spotlight on STEM: Engineering Open House on Feb. 21

February 6, 2018  
Buzz



The Applied Learning & Career Center and SUNY Broome's STEM division are once again partnering to host SUNY Broome's second annual Engineering/STEM Open House from 3 to 6 p.m. Wednesday, Feb. 21, in the AT Atrium.

Employers will be on site to showcase interactive displays related to their company and SUNY Broome students will be demonstrating various projects. This is also an opportunity for middle and high school students and their families to learn more about SUNY Broome's STEM programs and potential careers.

Employers such as Lockheed Martin, BAE, Amphenol Aerospace, Delta Engineers, Keystone Associates and many more will be on site. BAE will even be bringing their hybrid bus! Don't miss this exciting, interactive open house event.



## Find balance: Open sessions in stress management and mindfulness

February 8, 2018

Buzz

SUNY Broome's Counseling Services is offering four open sessions in stress management and mindfulness this semester.

These open sessions are free and available to students who want to learn how to handle their stress and learn techniques to find balance in their life between school, home, work, family and friends. Seating is limited!

Sessions run from 11 to 11:50 a.m. on Feb. 15, March 15, April 12 and May 10 in Student Services Room 210. Pre-registration is required; call Melissa Martin at (607) 778-5210. You can register for one, all four or any combination.



# Medical Assisting students conduct blood pressure screenings on more than 100 people

February 8, 2018  
Buzz



Medical Assisting program seniors held a blood pressure screening event in the Student Center on Tuesday, February 6. They screened more than 100 students, faculty and staff screened in just two hours!

Thank you to the SUNY Broome campus community for helping the MA students perfect their skills.



## College Assembly to meet Feb. 12

February 8, 2018

Buzz

College Assembly will meet at 3 p.m. Monday, Feb. 12, in Darwin R. Wales Center's Gary Alan Bosket Conference Room (W203B). All CA meetings are open to the campus community. For more information on CA, please visit <http://www2.sunybroome.edu/shared-governance/college-assembly/>. The agenda for Monday's meeting is attached.

20180212 Ca Agenda (PDF)





## Spring course opportunity: Amp up your study skills with LRS 108

February 8, 2018

Buzz

Do you need credits to maintain full-time status or keep your Student Village assignment? Would you benefit from academic strategies and skills content to support your success?

The Learning Assistance Department is pleased to offer LRS 108: Study Management, Memory & Exams from March 6 through April 16. The course will cover basic principles for academic success, learning styles, time management, memory strategies and test-taking skills.

Best of all: It's fully online, so study where you are at a pace that works for you!

Register through MyCollege or see your Academic Advisor for registration assistance.



## **Feb. 15 Common Hour: 911 Good Samaritan Law**

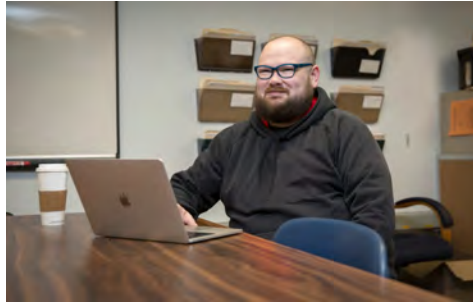
February 8, 2018  
Buzz

Join Sgt. Sammy Davis from the Broome County Sheriff's Office (also a Criminal Justice & Emergency Services faculty member) for a discussion of the 911 Good Samaritan Law at 11 a.m. Feb. 15 in T-012.



# Formula for Success: Paul returns to school and lands a new career

February 8, 2018  
Featured News



*Paul Reardon*



Paul Reardon

Paul Reardon always had an affinity for numbers – the practical sort that define businesses’ successes or failures, and help companies chart the future.

These days, you can find him crunching numbers as a bookkeeper for the Binghamton Tennis Center and tutoring students in SUNY Broome’s Business Lab. Reardon, who graduated from SUNY Broome in December with an Accounting degree, is a nominee for the Vanguard Award, which is administered by the New York State Nontraditional Employment & Training (NET) Program. The award goes to outstanding students in fields that are considered non-traditional for their gender.

As it happens, accounting is a career considered non-traditional for men, at least at some levels of the profession.

“I think it’s because the Associate’s is more geared toward becoming a bookkeeper,” Reardon mused. “I never thought about the gender ratio; I just wanted a new career.”

Career options with accounting can be broad, and include businesses large and small, government, healthcare and nonprofit organizations. It’s one of the reasons Reardon chose the field.

“No matter what the economy is doing, businesses need to keep track of their money,” he said.

## **Changing paths**

The Vestal native minored in accounting at SUNY Plattsburgh, but opted for a bachelor’s degree in business administration and management. When he returned home, the available management jobs were in retail, sometimes with weeks of more than 70 hours.

After some years he changed paths, doing direct care at a local development center for the disabled. In many respects, it was a great opportunity with a 40-hour week and health benefits. That ended when a client knocked him unconscious, an incident that shook Reardon deeply.

He worked a variety of jobs after that – any he could get, he admitted – but decided he wanted a different, more stable future. Using his accounting minor to land a position seemed ideal, but it didn’t prove a viable option.

“I tried to find a bookkeeping position, but no one would hire me because I didn’t have the experience,” he said.

He decided to attend SUNY Broome, where he majored in accounting and graduated in just two semesters. Many of his credits toward his bachelor’s degree transferred to Broome, he noted.

“I didn’t think the education I got here was any less valuable than the education I received in Plattsburgh,” he said of his SUNY Broome experience. “I like the professors and I like how involved they are. I can always find a professor here; they’re always around on campus.”

## **The second time around**

An adult student and a father, he took his college experience more seriously than when he initially attended Plattsburgh. He had a grade point average of 3.0 when he attended the northern New York college – respectable, but not the 4.0 he achieved both semesters at SUNY Broome.

“I studied hard and worked hard and maintained my GPA,” he said. “I actually applied myself and did well.”

He became more deeply involved with campus life, too. (At Plattsburgh, his extracurricular activities largely consisted of skiing with friends in the state’s majestic Adirondack mountains.) At SUNY Broome, he joined the Business Club and Alpha Beta Gamma, the international business honor society, where he helped raised funds for Toys for Tots, among other initiatives.

“I still go to the Business Club every week, even though I’m not a student,” he said.

You also will see him in the Business Lab, where he tutors students in accounting, a gig he plans to keep until he enters graduate school. As a tutor, he uses his real-life experience from his bookkeeping job to illustrate concepts to students, a measure they appreciate.

## **Looking ahead**

Looking ahead, Reardon plans to attend Binghamton University for graduate school and become a certified public accountant (CPA). In the meantime, he is preparing for the Graduate Management Admission Test (GMAT), which he needs for graduate school.

Eventually, he’s interested in doing accounting work for the State of New York, and already took the civil service test for the Department of Taxation and Finance.

But there’s another path that calls him, too: teaching. In addition to his tutoring experience, he coaches girls’ softball and soccer and enjoys helping others reach their potential.

While he’s looking forward to future possibilities, he is currently enjoying a job in the field he trained for – a plus one on any balance sheet.

“I do exactly what I wanted to do,” he said.



# Design with a difference: Take the Aging Innovation Challenge

February 8, 2018  
Buzz



The Aging Innovation Challenge is looking for students to develop new solutions to an aging issue. Accept the challenge for a chance to present your innovation to a panel of judges and take home a prize from the \$50,000 pool.

The New York State Department of Health has partnered with HeroX, an online platform that uses crowdsourcing, to challenge college and university students to consider the needs of older adults with limitations in performing one or more activities of daily living (ADLs). ADLs include taking a bath or shower, getting dressed, using the bathroom, getting up from a chair, walking across a room, and eating a meal. In collaboration with the Empire State Development Corporation and the SUNY Research Foundation, students participating in the Challenge will be

encouraged to develop solutions that will have a lasting impact.

There are approximately 2.9 million New Yorkers over the age of 65. By the year 2025, that number is expected to rise by 26 percent. Thirty-five percent of New Yorkers age 65 and older require assistance with one or more ADL – which include eating, bathing, dressing, toileting, and transferring. The competition is set to advance solutions to help New York serve a growing population of aging citizens needing assistance to remain safely in their homes.

The next big invention to change the quality of life of older adults and those who care for them may come from a student in a New York college or university.

Will you be the one?

Submissions are due April 30. For more information, visit [HeroX.com](http://HeroX.com) and search for the Aging Innovation or go to [herox.com/aginginnovationNY](http://herox.com/aginginnovationNY).

[Aging Innovation Challenge Flyer \(PDF\)](#)



# Get fit: Join the Student Wellness Challenge by Feb. 12!

February 8, 2018  
Buzz



**Think you're fit? Want to get fit?  
The SUNY Broome Student Wellness Challenge may be for you!**

Criminal Justice & Emergency Services, Physical Education and Sport Studies and Student Health Services are sponsoring a challenge to motivate our students to work toward achieving better fitness in Spring 2018. It is based on the New York State Municipal Police Training Council Fitness standards, which measure fitness using running ability, sit-ups and push-ups. The ultimate goal will be to meet or exceed the standards, but participants can set their own goals and work toward improvement.

The Challenge will start on February 15 with an initial assessment and end on April 26 with a final evaluation. A progress assessment will also be offered on March 29 to let participants check their status against their goals. Assessments will be conducted from 2 to 4 p.m. on the dates noted.

Any student who signs up for the Challenge and completes the initial assessment will receive a Wellness Challenge water bottle. Participants who

successfully complete the Challenge will receive a Certificate of Completion and a T-Shirt.

Prizes will also be awarded for Most Improved and the leaders in each of the Challenge categories. Students are required to participate in the pre- and post-test, and are strongly encouraged to participate in the mid-test to measure their progress.

Suggested clothing: Workout clothing including sweatsuits or shorts and T-shirt as well as a good pair of gym shoes. Sign up for the challenge before February 12 by clicking [here](#) and filling out the form.

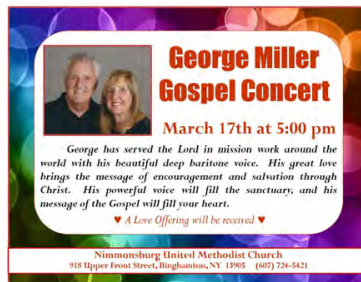
Be sure to sign up early! Participation is limited to the first 350 students. An email confirming your registration will be sent on or before Feb. 12.

**A note to faculty and staff:** We are seeking faculty and staff to volunteer at the physical agility test events. If you would like to volunteer to assist, please email Kerry Weber at [kalickweberkc@sunybroome.edu](mailto:kalickweberkc@sunybroome.edu)

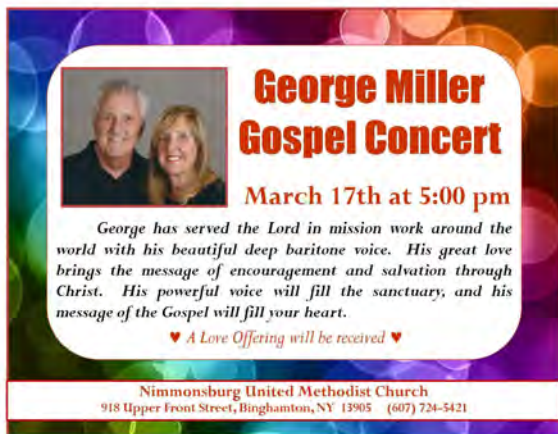


# In the Community: George Miller Gospel concert at Nimmonsburg United Methodist Church

February 9, 2018  
Buzz



Nimmonsburg United Methodist Church, located across the street from SUNY Broome at 918 Upper Front Street, is holding a free Gospel concert featuring baritone George Miller at 5 p.m. March 17. Click the flyer below for more details.



## **Attention students: Scholarship applications are now available!**

February 11, 2018

Buzz

The Broome Community College Foundation's online Scholarship Application is now open for students interested in applying for scholarships. The deadline for continuing students to apply will be Feb. 23, 2018. The deadline for prospective students (incoming freshman) will be March 30, 2018.

Please see the Foundation Office in the Wales Building Room 201 with any questions.





## Feb 13 public deliberation: Immigration in America

February 11, 2018

Buzz

Join faculty presenter Doug Garnar at 11 a.m. Feb. 13 in T-209 for a public deliberation on “Immigration in America: How do we fix a system in crisis?”

This deliberation looks at three approaches to fixing a crisis: welcoming new arrivals, protecting our borders, and promoting economic prosperity. Issue guides are available at the Garnar Center for Civic Engagement, located in Room 104 of the Old Science Building.



# The Monday Poem: 'Given to Rust' by Vievee Francis

February 11, 2018

Buzz

The Monday Poem is brought to you by Professor Jim Gormley of the English Department. Enjoy!

## Given to Rust

*By Vievee Francis*

Every time I open my mouth my teeth reveal  
more than I mean to. I can't stop tonguing them, my teeth.  
Almost giddy to know they're still there (my mother lost hers)  
but I am embarrassed nonetheless that even they aren't  
pretty. Still, I did once like my voice, the way it moved  
through the gap in my teeth like birdsong in the morning,  
like the slow swirl of a creek at dusk. Just yesterday  
a woman closed her eyes as I read aloud, and  
said she wanted to sleep in the sound of it, my voice.  
I can still sing some. Early cancer didn't stop the compulsion  
to sing but  
there's gravel now. An undercurrent  
that also reveals me. Time and disaster. A heavy landslide  
down the mountain. When you stopped speaking to me  
what you really wanted was for me to stop speaking to you. To  
stifle the sound of my voice. I know.  
Didn't want the quicksilver of it in your ear.  
What does it mean  
to silence another? It means I ruminate on the hit  
of rain against the tin roof of childhood, how I could listen  
all day until the water rusted its way in. And there I was  
putting a pan over here and a pot over there to catch it.

## About This Poem

"There are few things worse than being silenced, than having one's voice stifled. In my twenties I lost my singing voice to cancer. Now, the spoken word, conversation, vocalization itself is vital and deeply personal to me, and as much a part of my understanding of self and being as inscription. There are those who cannot stand to hear the truth and are willing to allow harm to not have to listen. I have known such people, and even held them close. But in this poem I hope to convey the consequences of silencing can be dire. And I mean to be heard one way or another, no matter the cost."

—Vievee Francis

*Vievee Francis is the author of Forest Primeval (TriQuarterly Books, 2015). She serves as an associate editor for Callaloo and is an associate professor of English and creative writing at Dartmouth College in Hanover, New Hampshire.*



## Feb. 20 film: 'Jeanne Dielman, 23, Quai du Commerce, 1080, Bruxelles'

February 11, 2018  
Buzz



Join Phi Theta Kappa for a showing of the 1975 Belgian film *Jeanne Dielman, 23, Quai du Commerce, 1080, Bruxelles*, directed by Chantal Ackerman.

A lonely widowed housewife does her daily chores, takes care of her apartment where she lives with her teenage son, and turns the occasional trick to make ends meet. However, something happens that challenges her safe routine.

Part of PTK's International Film Series, the film starts at 7 p.m. Feb. 20 in TH 101.



# Spotlight on STEM: Engineering Open House on Feb. 21

February 11, 2018  
Buzz



The Applied Learning & Career Center and SUNY Broome's STEM division are once again partnering to host SUNY Broome's second annual Engineering/STEM Open House from 3 to 6 p.m. Wednesday, Feb. 21, in the AT Atrium.

Employers will be on site to showcase interactive displays related to their company and SUNY Broome students will be demonstrating various projects. This is also an opportunity for middle and high school students and their families to learn more about SUNY Broome's STEM programs and potential careers.

Employers such as Lockheed Martin, BAE, Amphenol Aerospace, Delta Engineers, Keystone Associates and many more will be on site. BAE will even be bringing their hybrid bus! Don't miss this exciting, interactive open house event.



# SUNY Broome 2018 MLK Jr. Job Fair: Employer Early Bird Registration

February 12, 2018  
Buzz



In partnership with the New York State Department of Labor, SUNY Broome is excited to announce that Employer Early Bird Registration is live for our annual MLK Jr. Job Fair. Employer Early Bird registration runs through March 18.

This year's Job Fair will take place from 10 a.m. to 2 p.m. April 26 in the SUNY Broome Ice Center. The past two years the event has sold out to capacity for employers and community organizations; employers and community organizations interested in attending should register early to secure their spot.

Please see the Applied Learning and Career Center's website for more information (<http://www2.sunybroome.edu/careercenter/information-for-employers/>).



## On-campus construction for the week of Feb. 12

February 12, 2018  
Buzz



- Reconstruction of the restroom area in the Student Center women's locker room is expected to begin this week. Please note that the work being done in the Student Center is in the women's locker room on the second floor near the FSA Office.
- Data wire is being pulled on the second floor of the new Calice Advanced Manufacturing Center.
- There will be a concrete pour this week to close the area-way in the Connector/Atrium between Calice and the Business Building.
- Demolition between Calice and the AT Building continues. Please advise if the noise created by this demolition causes a disruption to classes in the AT Building.
- Excavation for the new elevator in Calice is nearly complete. Building of forms and placement of reinforcing bar (for the foundation) will begin this week.
- Lights are being installed in the second floor restrooms in Calice.
- Wall tile work will also begin in the second floor restrooms in Calice.
- Final painting continues on the second floor in Calice with one wall in each room/office having an accent (color) wall and three white walls.

As always, if anyone has any questions, please do not hesitate to contact David Ligeikis at (607) 765-9710.



# 'This Body is Mine': Join us for a discussion on eating disorders March 1

February 12, 2018  
Buzz



Join us for “This Body Is Mine,” a powerful discussion on eating disorders with Alexis Katchuk from 11 to 11:50 a.m. March 1 in Decker 201.

Alexis writes: “Eating disorders and recovery, the physical body obviously comes up—and one of the most difficult things for me was to not only accept this body as my own, but also to appreciate this body and then, finally, love this body. I had to be comfortable in my own skin, I guess. And we see in most media that we should be striving to change our bodies, and we see in the media that we’re supposed to change ourselves. We are told that we are not good enough as we are. With social media and advertising pulling even more power in the society, being okay with who you are is becoming more difficult.”

This event is sponsored by Counseling Services. For more information, please contact Melissa Martin at 778-5210.



## Brrr! Polar Plunge returns on Feb. 22

February 12, 2018  
Buzz



Think it's freezing outside? Fancy a swim? Some SUNY Broome faculty and staff as well as local police are going to do just that in an unheated ice-pool that will be set up in the patio area between the Decker Health Sciences and Applied Technologies buildings at 11 a.m. Feb. 22. It's SUNY Broome's Fifth Polar Plunge, and you can be a part of it!

Plungers are seeking donations to be given to the Wes Warren Memorial Scholarship Fund. Please contact Maria Montemagno at [montemagnomk@sunybroome.edu](mailto:montemagnomk@sunybroome.edu) or the participants for more information. See you there!

[Polar Plunge Poster 2018 \(PDF\)](#)





## Dr. Bill Altman Releases New E-Book on Excellence in Teaching

February 12, 2018

Buzz

The Society for the Teaching of Psychology (Division 2 of the American Psychological Association) has just released the e-book *Essays from E-xcellence in Teaching* (Volume XVII), edited by SUNY Broome Professor William S. Altman, Dr. Lyra Stein from Rutgers University and Dr. Jon Westfall of Delta State University.

This collection of essays about best teaching practices and techniques is based on the popular series of essays and blog posts edited by Dr. Altman and Dr. Stein.

Anyone may download the book for free at

<https://teachpsych.org/ebooks/eit2017/index.php>. The other volumes in the series and

many other excellent books about teaching may be found at

<http://teachpsych.org/ebooks/index.php>



# Human Resource: A veteran draws on his experience to find his path and help others along the way

February 12, 2018  
Featured News



*Adrian Davis*



Adrian Davis

Adrian Davis' work as a Student Village residence assistant draws on his experience a world away – when he was a Marine sergeant in Okinawa, Japan.

A non-commissioned officer, or NCO, he was in charge of a deck of younger Marines – the same age as many community college students, in fact. Davis, who joined the military a few years after high school, was a little older than the people around him – a situation that endures today at SUNY Broome.

“I was called ‘the old man’ when I was leaving the Marine Corps. Now I’m an RA here and I think I’m the oldest student in the Student Village,” said the Binghamton native, who is now 25 years old – well, 25½. “I’m grandpa in the Student Village.”

The age and experience gap can prove to be a boon for the younger peers he mentors. As it turns out, this is the Business Administration major’s second time at SUNY Broome.

He had considered joining the military directly out of high school, but his parents urged him to try college first. He was, he admitted, immature and more than

a little uncertain about his path. He tried computer science and then criminal justice, but nothing appealed – nothing in the classroom, that is, and he ended up failing.

“I was more into partying rather than going to class. I wasn’t interested in school at all,” said Davis, who then spent five years serving his country.

## **From sergeant to RA**

The Student Village wasn’t yet built when Adrian first attended SUNY Broome, and he had his first exposure to the residence hall as a student worker. He then met residence director Alexandria Donkor, who told him the benefits and the pitfalls of life as an RA.

It reminded Davis of his time in the military and he decided to apply. An added benefit: It gave him the opportunity to live on his own.

He’s a frequent sight on the third floor, which he oversees. Perhaps in some ways, he sees a bit of his younger self in his fellow residents; they, too, are trying out college to see how they like it, and are looking for their path in the world.

When he’s not working as an RA or in class, he holds down other jobs, too: as a student worker and at a store in the mall.

How does he balance the demands of being an RA with his classwork? “It’s really a matter of making a schedule and following it, and making sure you have free time so you don’t feel overwhelmed,” Davis said.

## **Enjoying the environment**

When he was preparing for his transition into civilian life, Adrian Davis began to weigh his college and career options. Along with his hometown college, human resources seemed a natural fit, although accounting also has its appeal.

“I can see the big picture in Business Administration, in case I want to go another path,” he said of his major.

A degree in Business Administration will allow him to tackle the prerequisite courses he will need for his future career, as well as prepare him for transfer to his dream school: West Virginia University. He’s a longtime fan of their football team and has acquaintances from his time in the military who went on to attend WVU, giving him some ready connections.

Long-term, he would like to work in human resources for some part of the government – maybe a police department, drawing on his earlier law enforcement interest.

Unlike his first try at college eight years ago, he’s doing well, and enjoys conversing with his professors.

“I’m enjoying the environment. I like the whole experience of being here,” he said.

**Apply today at [www.sunybroome.edu/apply](http://www.sunybroome.edu/apply)**



## **Council for Academic Issues to meet Feb. 14**

February 13, 2018

Buzz

The Council for Academic Issues will meet at 3 p.m. Wednesday, Feb. 14, 2018, in the Darwin R. Wales Center's Gary Alan Bosket Conference Room (203B). All CAI meetings are open to the campus community. The agenda is attached. For more information about CAI, please visit <http://www2.sunybroome.edu/shared-governance/council-for-academic-issues/>

20180214 Cai Agenda (PDF)



## Valentine's Day Bachata and Build-A-Bear on Feb. 14

February 13, 2018  
Buzz



Learn to dance the Bachata and then build your own teddy bear this Valentine's Day in the Student Village! Couples and singles alike are welcome to the Feb. 14 event, which will take place in the Student Village classroom.

From 7 to 8 p.m., learn to dance the Bachata. A Build-A-Bear session follows from 8 to 9 p.m. Students must attend the Bachata lesson in order to attend the Build-A-Bear session.

Please pre-register by emailing [StudentActivities@sunybroome.edu](mailto:StudentActivities@sunybroome.edu).

Valentines2018 (PDF)



## #MeToo: A Guided Dialogue on Feb. 22

February 13, 2018  
Buzz



Please join Haley Murphy, Confidential Advocate from Crime Victims Assistance Center, to discuss the #MeToo & Time's Up movements happening in the media and across the nation.

The event runs from 11 to 11:50 a.m. Thursday, Feb. 22, in Decker 201. Voice your opinions, convictions and reactions during this guided conversation about the national condemning of sexual misconduct and what this means for the world we live in.

[Metoocommonhour \(PDF\)](#)



# Congratulations to our Vanguard Award winner, Samuel Payzant!

February 13, 2018  
Featured News



*Samuel Payzant holds the model of a hip replacement. Physical Therapist Assistants help patients recover mobility following surgery, injury or other impairment.*



Samuel Payzant holds the model of a hip replacement. Physical Therapist Assistants help patients recover mobility following surgery, injury or other impairment.

Congratulations to Samuel Payzant, who is one of the Vanguard Award winners for 2017-2018!

Administered by the New York State Nontraditional Employment & Training (NET) Program, the award goes to outstanding students in fields that are considered non-traditional for their gender.

Samuel, who is in the Physical Therapist Assistant program, is among eight award winners from colleges around the state. The winners were chosen from a pool of 50 strong nominees and will be honored in Albany this April.

Other SUNY Broome nominees for the award this year include Jessica Morgan and Paul Reardon.



## Oil painting by Professor Zeggert part of Philadelphia art exhibit

February 13, 2018  
Buzz



*Tera, an oil portrait painted by SUNY Broome Professor David Zeggert*

*Tera*, an oil portrait painted by SUNY Broome Professor David Zeggert, has been accepted into the Small Beauties Exhibit curated by Era Contemporary Gallery in Philadelphia. The exhibit will be displayed at the Cynywd Club located in Cynywd, Pa. The exhibit will then travel and be displayed for an evening at The Con Artist Collective in New York City in early March.



*Tera, an oil portrait painted by SUNY Broome Professor David Zeggert*



## **Council for Operational Issues to meet Feb. 15**

February 13, 2018

Buzz

The Council for Operational Issues will meet at 9 a.m. Thursday, Feb. 15, 2018, in the Darwin R. Wales Center's Gary Alan Bosket Conference Room (W203B). The draft agenda is attached. All COI meetings are open to the campus community. For more information please visit

[http://www2.sunybroome.edu/shared-governance/council-for-operational-issues/20180215 Coi Draft Agenda \(PDF\)](http://www2.sunybroome.edu/shared-governance/council-for-operational-issues/20180215%20Coi%20Draft%20Agenda.pdf)





## **Feb. 15 Common Hour: 911 Good Samaritan Law**

February 13, 2018  
Buzz

Join Sgt. Sammy Davis from the Broome County Sheriff's Office (also a Criminal Justice & Emergency Services faculty member) for a discussion of the 911 Good Samaritan Law at 11 a.m. Feb. 15 in T-012.



# Black History Month at SUNY Broome: Professor Anthony Davis

February 14, 2018  
Featured News



*Broome Tech Professor Anthony A. Davis, coordinator of the college's X-Ray Technology program, is shown with the program's first two honor graduates, Dawn Marie Rank (left) and Barbara Jean Loudon (center) in this Sept. 8, 1967, photo from The Evening Press, forerunner to the Press & Sun-Bulletin.*



Broome Tech Professor Anthony A. Davis, coordinator of the college's X-Ray Technology program, is shown with the program's first two honor graduates, Dawn Marie Rank (left) and Barbara Jean Loudon (center) in this Sept. 8, 1967, photo from The Evening Press, forerunner to the Press & Sun-Bulletin.

*This post is part of a Black History Month series on SUNY Broome students, faculty and staff of color, who have been a valued part of the campus community since the college's founding in 1946.*

Broome Tech – as it was called back in the day – was the first community college in the state to offer Associate's degrees in X-Ray technology. The first class of eight students graduated in September 1967, back when the college held a separate graduation for the summer class.

The very first coordinator of the X-Ray Technology Program was Assistant Professor Anthony A. Davis, a man of color.

Professor Davis also spearheaded the college's first Health Career Day in March 1968.

He remained active in his field in other ways, as well: publishing research in *Radiologic Technology*, the journal of the American Society of Radiologic Technologists, and coordinating a professional conference on "Current Trends in Radiological Sciences" in 1968 on the Broome Technical Community College campus.

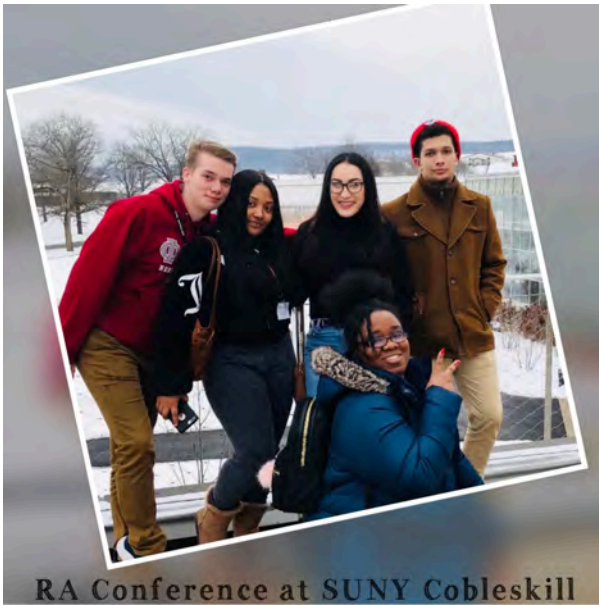


# Student Village RAs attend SUNY Cobleskill's Resident Assistant Conference

February 14, 2018  
Buzz



RA Conference at SUNY Cobleskill



RA Conference at SUNY Cobleskill

SUNY Broome's Office of Housing and Residential Life had several members of their resident assistant staff attend SUNY Cobleskill's first annual Resident Assistant Conference on Feb. 10, 2018.

Accompanied by the Student Village's Residence Directors, the RA staff was "provided an opportunity for forward-thinking knowledgeable individuals to share their experiences and insights specifically within student affairs ... a platform for professional development, partnerships and continued growth."

The day-long conference was attended by more than a few colleges. It consisted of various sessions, some of which focused on: mindfulness; community service and the benefits of service learning; social justice lenses; and the Power of positive psychology. SUNY Broome RAs were able to share their own experiences and skills, in addition to learning more about how to be effective leader, a resource to their fellow peers and engaging connectors to the campus community.



# Got heart? Valentine's Day Flower fundraiser for the Heart Walk

February 14, 2018  
Featured News



*Medical Assisting students deliver flowers*



Physical Therapist Assistant students sold flowers for a Heart Walk fundraiser

The Valentine's Day Flower Fundraiser was a great way to support the American Heart Association Heart Walk!

Thank you to all who participated: the committee members, the Medical Assisting Students who delivered the flowers and the PTA students selling them at a tabling event. More than 250 flowers were sold! It was a fun way to fund raise for a wonderful cause and to let people know you appreciate them.

Please contact Erin O'Hara-Leslie if you have any questions about the walk at [oharalesliek@sunybroome.edu](mailto:oharalesliek@sunybroome.edu). To join the SUNY Broome Team on Sunday April 8, please click on the following link: [http://www2.heart.org/site/TR?fr\\_id=3000&pg=company&company\\_id=94600](http://www2.heart.org/site/TR?fr_id=3000&pg=company&company_id=94600)



Medical Assisting students deliver flowers





Students prepare flowers for delivery



## Black History Month: Who is Maya Angelou?

February 15, 2018  
Buzz



*Maya Angelou*



Maya Angelou

*This Black History Month post is part of a series, brought to you by Student Assembly.*

Maya Angelou (April 4, 1928- May 28, 2014) was an American writer, poet and civil rights activist. She is known for her autobiographical fiction books. Angelou helped Malcom X, and Martin Luther King Jr. during the civil rights movement. Her work is respected by women and the black community.

Quote: "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."





## Brrr! Polar Plunge returns on Feb. 22

February 15, 2018  
Buzz



Think it's freezing outside? Fancy a swim? Some SUNY Broome faculty and staff as well as local police are going to do just that in an unheated ice-pool that will be set up in the patio area between the Decker Health Sciences and Applied Technologies buildings at 11 a.m. Feb. 22. It's SUNY Broome's Fifth Polar Plunge, and you can be a part of it!

Plungers are seeking donations to be given to the Wes Warren Memorial Scholarship Fund. Please contact Maria Montemagno at [montemagnomk@sunybroome.edu](mailto:montemagnomk@sunybroome.edu) or the participants for more information. See you there!

[Polar Plunge Poster 2018 \(PDF\)](#)



## Feb. 22 Common Hour: Financial Inequality

February 15, 2018

Buzz

Join faculty presenters Leeland Whitted and John Sterlacci at 11 a.m. Feb. 22 in T-102 for a discussion of financial inequality.

According to former president Barack Obama, economic inequality is the most important moral issue of our time. Why do so few have so much and so many have so little? Why do people with a strong work ethic have so few resources? What role does technology play in the problem? Also, is economic equality the natural result of capitalism or are there other avoidable causes? For example, is inequality the result of flawed human agency or structural restraints that prevent some from achieving in our economic system?

Come listen to two faculty members give their views of this phenomenon.





# Save the Date: Public deliberation on immigration to be held March 24

February 15, 2018  
Buzz



Mark your calendars: SUNY Broome's Center for Civic Engagement will be hosting a community-wide public deliberation on immigration from 9 a.m. to noon Saturday, March 24, at Binghamton High School. Stay tuned for more information!



# Black History Month Lunch and a Movie: See 'Get Out' on Feb. 20

February 15, 2018  
Buzz



Join us for a Black History Month lunch and a movie from 11 a.m. to 2 p.m. Feb. 20 in Decker 117!  
Come see the movie *Get Out*, join the discussion afterward — and get entered into a raffle to win a \$20 gift card to the campus bookstore!  
This event is sponsored by the President's Task Force on Diversity and Inclusion.



# Feb. 26 Public Deliberation: How Do We Achieve Diversity at SUNY Broome?

February 15, 2018  
Buzz



Come and engage in a public deliberation from 4:30 to 6 p.m. Feb. 26 in the Student Village classroom, as we discuss how to achieve diversity at SUNY Broome.

A deliberation will have you engage with tough ideas by discussing various pros and cons, rather than simply debating a point to “win.” You’ll work together toward creating potential solutions.

All attending will be entered into a raffle to win a Bluetooth Speaker!



## #MeToo: A Guided Dialogue on Feb. 22

February 18, 2018  
Buzz



Please join Haley Murphy, Confidential Advocate from Crime Victims Assistance Center, to discuss the #MeToo & Time's Up movements happening in the media and across the nation.

The event runs from 11 to 11:50 a.m. Thursday, Feb. 22, in Decker 201. Voice your opinions, convictions and reactions during this guided conversation about the national condemning of sexual misconduct and what this means for the world we live in.

[Metoocommonhour \(PDF\)](#)



# Attention continuing students: This is the last week to apply online for scholarships!

February 18, 2018

Buzz

The Broome Community College Foundation's online Scholarship Application is now open for students interested in applying for scholarships. **The deadline for continuing students to apply will be Feb. 23, 2018.** The deadline for prospective students (incoming freshman) will be March 30, 2018.

Please see the Foundation Office in the Wales Building Room 201 with any questions.



# Black History Month at SUNY Broome: Westley VanDunk

February 18, 2018  
Featured News



*This post is part of a Black History Month series on SUNY Broome students, faculty and staff of color, who have been a valued part of the campus community since the college's founding in 1946.*

Westley VanDunk spent his career helping students achieve their educational dreams.

He had his start at Broome Technical Community College, earning a Liberal Arts degree in 1970 before transferring to Binghamton University for a degree in sociology.

He returned to Broome Community College to head the Educational Opportunity Program (EOP), which provides access, academic support and financial aid to first-time, full-time students who show promise for succeeding in college but who may need additional support.

In 1987, he made the jump to Binghamton University's EOP program, where he spent three decades supporting students before his recent retirement. He served as the liaison to BU's Decker School of Nursing, where he advised students interested in that career path, encouraging them to succeed.



# 'This Body is Mine': Join us for a discussion on eating disorders March 1

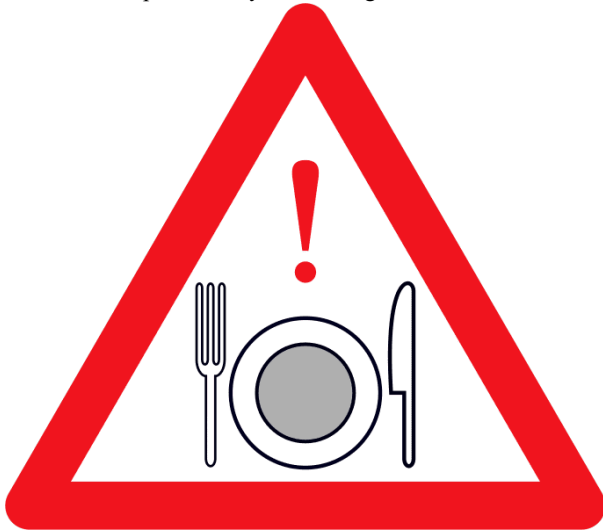
February 18, 2018  
Buzz



Join us for “This Body Is Mine,” a powerful discussion on eating disorders with Alexis Katchuk from 11 to 11:50 a.m. March 1 in Decker 201.

Alexis writes: “Eating disorders and recovery, the physical body obviously comes up—and one of the most difficult things for me was to not only accept this body as my own, but also to appreciate this body and then, finally, love this body. I had to be comfortable in my own skin, I guess. And we see in most media that we should be striving to change our bodies, and we see in the media that we’re supposed to change ourselves. We are told that we are not good enough as we are. With social media and advertising pulling even more power in the society, being okay with who you are is becoming more difficult.”

This event is sponsored by Counseling Services. For more information, please contact Melissa Martin at 778-5210.



# The Monday Poem: 'The Calculus' by Paul Hostovsky

February 18, 2018  
Buzz

The Monday Poem is brought to you by Professor Jim Gormley of the English Department. Enjoy!

## The Calculus

by Paul Hostovsky

My hygienist likes to include me  
in the decision-making.  
"Shall we use the hand scaler  
or the ultrasonic today?" she asks me.  
I like the way she says "we,"  
like we're doing something intimate  
and collaborative,  
like building a snowman,  
or more like dismantling one  
after an ice storm, flake  
by frozen flake. "The calculus  
is caused by precipitation  
of minerals from your saliva," she explains.  
"You can't remove it with your toothbrush.  
Only a professional can do that." She's very  
professional. She doesn't dumb it down.  
"Pay more attention to the lingual side  
of your mandibular anteriors," she says.  
I love it when she talks like that.  
I love the names of teeth: incisor, third molar, bicuspid,  
eyetooth. Her own teeth are  
virtuosic. "Calculus comes from the Greek  
for stone," she says. "In mathematics  
it's counting with stones. In medicine,  
it's the mineral buildup in the body: kidney stones,  
tartar on teeth." She teaches me all this  
as I sit there with my mouth open,  
looking astonished.

About This Poet

When he's not writing award-winning poems, Bostonian Paul Hostovsky makes his living as a sign language interpreter at the Massachusetts Commission for the Deaf and Hard of Hearing. He is the author of five chapbooks and three full-length poetry collections: *Bending the Notes* (2008), *Dear Truth* (2009), and *A Little in Love a Lot* (2011).





# Black History Month Lunch and a Movie: See 'Get Out' on Feb. 20

February 18, 2018  
Buzz



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Come see the movie *Get Out*, join the discussion afterward — and get entered into a raffle to win a \$20 gift card to the campus bookstore!  
This event is sponsored by the President's Task Force on Diversity and Inclusion.



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February 18, 2018  
Buzz



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A deliberation will have you engage with tough ideas by discussing various pros and cons, rather than simply debating a point to “win.” You’ll work together toward creating potential solutions.

All attending will be entered into a raffle to win a Bluetooth Speaker!



## Feb. 20 film: 'Jeanne Dielman, 23, Quai du Commerce, 1080, Bruxelles'

February 18, 2018  
Buzz



Join Phi Theta Kappa for a showing of the 1975 Belgian film *Jeanne Dielman, 23, Quai du Commerce, 1080, Bruxelles*, directed by Chantal Ackerman.

A lonely widowed housewife does her daily chores, takes care of her apartment where she lives with her teenage son, and turns the occasional trick to make ends meet. However, something happens that challenges her safe routine.

Part of PTK's International Film Series, the film starts at 7 p.m. Feb. 20 in TH 101.



# Spotlight on STEM: Engineering Open House on Feb. 21

February 18, 2018  
Buzz



The Applied Learning & Career Center and SUNY Broome's STEM division are once again partnering to host SUNY Broome's second annual Engineering/STEM Open House from 3 to 6 p.m. Wednesday, Feb. 21, in the AT Atrium.

Employers will be on site to showcase interactive displays related to their company and SUNY Broome students will be demonstrating various projects. This is also an opportunity for middle and high school students and their families to learn more about SUNY Broome's STEM programs and potential careers.

Employers such as Lockheed Martin, BAE, Amphenol Aerospace, Delta Engineers, Keystone Associates and many more will be on site. BAE will even be bringing their hybrid bus! Don't miss this exciting, interactive open house event.



# Black History Month Guest Speaker: Dr. Ibram X. Kendi Comes to Campus Feb. 27

February 19, 2018  
Buzz



*Dr. Ibram X. Kendi*



Dr. Ibram X. Kendi

## **Dr. Ibram X. Kendi Presents: How to be an Antiracist**

The President's Task Force on Diversity and Inclusion, in co-sponsorship with the Office of the President, the Office of the Vice President for Student Development and Chief Diversity Officer and the Office of the Associate Vice President for Academic Affairs, proudly presents SUNY Broome's **Black History Month guest speaker, Dr. Ibram X. Kendi.**

**Tuesday February 27, 2018 \* 6 p.m. \* Decker 201 \***

**Register here: <https://sunybroome.wufoo.com/forms/mk51pne1wju3sp/>**

When the first Black president headed into the White House, Americans were imagining their nation as colorblind and went so far as to call it post-racial. With the arrival of Donald Trump many people are awakening and seeing racial reality for the first time. With opened minds, people are actively trying to understand racism. In this deeply personal and empowering lecture, Kendi shifts the discussion from how not to be racist to how to be an antiracist. He shares his own racist ideas and how to overcome them. He provides direction to people and institutions who want more than just band-aid programs, but actual antiracist action that builds an antiracist america.

**This event is open to the campus and community by registration only**



# Focus on STEM: Join us Feb. 21 for the Engineering Week Open House

February 19, 2018  
Buzz



SUNY Broome's STEM division is hosting an Engineering Week Open House from 3 to 6 p.m. Feb. 21 in the Applied Technology atrium on the SUNY Broome campus.

Employers will be on-site to showcase interactive displays related to their companies and SUNY Broome students will be demonstrating various projects. This event is also an opportunity for middle and high school students and their families to learn more about SUNY Broome's STEM programs and potential careers.





# Giving Back: Health for Haiti students change lives – including their own

February 19, 2018  
Featured News



*Stamatia Dimitriou (left) and Madison Wright*



Stamatia Dimitriou (left) and Madison Wright

SUNY Broome's Health for Haiti global service learning class undeniably changes lives in both urban and rural Haitian communities. The lives that are perhaps the most changed, however, are those of the students themselves.

"I changed my entire lifestyle and career path based on that experience," said Stamatia Dimitriou, an AA1 student known as Tia who attended this year's Health for Haiti course during winter term.

Launched in January 2014, Health for Haiti is a four-credit, interdisciplinary course with a mission: provide humanitarian assistance to the poorest country in the Western Hemisphere, while preparing college students to contribute to global security and prosperity. Students in the course explore the dynamics between poverty, education and healthcare not through textbooks, but through engaging in service projects that address pressing needs.

Projects encompass a wide range of services, from providing solar power, clean water, bathroom facilities and community gardens in the rural community of Grande Saline, to hands-on education in the arts, computer literacy, science,

nutrition and hygiene to both rural and urban Haitian children. Medical and dental clinics, food distribution, the creation and support of a sewing school and soap-making initiative, socializing orphans – Health for Haiti has done it all in the four years since it began.

"Having us come there is a huge deal for them. They don't know when the next opportunity for medical care will be," said Madison Wright, a second-year dental hygiene student from the Oneonta area.

## **This year's trip**

As in previous years, SUNY Broome students engaged with a wide range of initiatives during Health for Haiti.

"It was a packed 10 days," Tia said.

On the education side, SUNY Broome CLT students created a science education class for the children at Organisation Assistante pour des Enfants d'Haiti (OAEH). Haitian children learned about the scientific method and observation with the aid of donated magnifying glasses, observation notebooks, a microscope and school supplies. The Health for Haiti team will return this summer for the second part of the science lesson, bringing foldable microscopes for Haitian teachers and students to use.

Grande Saline's solar energy, water filtration systems and community gardens – previous Health for Haiti initiatives – continue to enhance the lives of residents. The class also distributed 500 personal care kits and served more than 500 lunches to children in urban and rural Haiti, as well as distributed food to 300 families, paid for mostly by student fundraising efforts.

Thanks to a donation of soap-making supplies from Minnesota-based Sweet Cakes Soap, Health for Haiti provided a new economic opportunity for women in Grande Saline. The women have since made and sold their soap at a recent church convention, and have received orders for more.

Children in Grande Saline learned to play the recorder, aided by instructional materials created by fellow youngsters at Tioga Hills Elementary School. Haitian children also learned about nutrition and the food groups, Tia said.

The medical team, led by a pair of Haitian doctors, saw more than 200 patients and dispensed prescription medications. Although not trained on the medical side, Dimitriou aided efforts by recording data, registering patients and fetching medicine as needed.

Health for Haiti distributed more than 1,200 toothbrushes and taught children the rudiments of dental hygiene. Assisted by a Haitian dentist, SUNY Broome's dental hygiene students applied sealants in the mouths of more than 1,000 patients, helping them keep their teeth from decay. They also applied silver diamine fluoride on 43 teeth, stopping the progression of decay.

The fluoride treatment was new to Health for Haiti, and relied on a technology that allows the treatment to be cured without the application of light – an important consideration in a place where electricity isn't always available, Wright said. The patient load was high, but understandably so,



The 2018 Health for Haiti class

given the lack of dental care in the country.

“It makes me appreciate more the care we do have in the United States. I’d like to go back and do more,” Wright said.

The Haitian people were deeply appreciative of the aid they received, Tia and Madison said. Students also had the opportunity to witness the disparities between urban and rural poor, the latter of which had fewer available resources.

“It was really heartbreaking as well as equally inspiring. You can see directly how you’re helping people,” Tia said. “We got to see exactly how that money we raised is being used. It meant more. It was more real.”



### Forming bonds

When she was first contemplating college, Dimitriou didn’t know what she wanted to pursue as a major or as a career. Interested in healthcare, she’s also a dancer with a love of the arts and teaches dance as a side job.

“I knew SUNY Broome would give me the best opportunity to figure that out and I knew I wanted to go to Haiti,” said the Johnson City resident. “I knew this would be the best place for me to start.”

She enrolled in the challenging Associate in Arts in One Year (AA1) program for academically gifted students, and pursued her dream of going to Haiti. She couldn’t articulate why she wanted to go, but knew she would figure it out along the way.

The experience changed her dramatically, giving her focus and purpose. She decided on a career path as a physician assistant, perhaps for a nonprofit so she can continue to help those in need, and will transfer to Binghamton University.

“After going to Haiti, I decided that my ultimate thing is helping people,” she said. “Since we came back, we have a whole different appreciation for everything. I observe human behavior in a whole different way.”

Upon her return, she quit her retail job, losing her patience with people who seemed overly concerned with materialism. It’s a feeling that Wright understands well.

“When I came home, I didn’t want to hear people’s negative attitude,” she said.

Haiti marked the first time that Wright even left the country, something she

viewed with trepidation initially. But it’s opened a new world and she’ll follow that up this spring with Global Health in Ireland, a course that will send her to a far different island to perform dental care.

After earning her dental hygiene license, she will also consider a more global avenue when it comes to career. It’s quite the change when you realize that she once became intensely homesick on a backpacking trip. Homesickness wasn’t a factor in Haiti at all.

“I felt so comfortable there, so welcome,” she said.

In fact, many of the Health for Haiti students remain good friends. From the first long day in the airport, the class formed bonds with one another, Madison and Tia said.

“The people I went to Haiti with are honestly my best friends now, and I’m already planning to go back to Haiti,” Tia said.

To contribute to the larger world, you need to push yourself – to get outside your comfort zone, Dimitriou mused. With that in mind, she has this bit of advice for fellow Hornets who may also be contemplating Health for Haiti: “Don’t be afraid to take chances. Do everything you can. You have the opportunities.”





## On-campus construction activities for the week of Feb. 19

February 19, 2018  
Buzz



- The new elevator foundation has been poured and work has begun on the new elevator shaft in the Calice Advanced Manufacturing Center.
- Tile work (both floors and walls) in the restrooms continues.
- Ductwork has been rerouted from the Business Building boiler room into the Connector/Atrium area.
- A chase wall has been constructed on the west end of the Connector/Atrium.
- Windows have been delivered and are on site with window installation set to begin this week.
- Light fixture installation and painting continues.

As always, if anyone has any questions, please do not hesitate to contact David Ligeikis at (607) 765-0710.





## Brrr! Polar Plunge returns on Feb. 22

February 20, 2018  
Buzz



Think it's freezing outside? Fancy a swim? Some SUNY Broome faculty and staff as well as local police are going to do just that in an unheated ice-pool that will be set up in the patio area between the Decker Health Sciences and Applied Technologies buildings at 11 a.m. Feb. 22. It's SUNY Broome's Fifth Polar Plunge, and you can be a part of it!

Plungers are seeking donations to be given to the Wes Warren Memorial Scholarship Fund. Please contact Maria Montemagno at [montemagnomk@sunybroome.edu](mailto:montemagnomk@sunybroome.edu) or the participants for more information. See you there!

[Polar Plunge Poster 2018 \(PDF\)](#)



# Putting others first: Kevin remakes his life to focus on service

February 20, 2018  
Featured News



*Kevin Carr teaches a Haitian student how to use a microscope. Photo by Professor Marcia Blackburn*



Kevin Carr teaches a Haitian student how to use a microscope. Photo by Professor Marcia Blackburn  
worked at the camp for five years and forged a new life – going to Nicaragua on mission trips twice, returning to school and earning a flawless 4.0 GPA, and aiding people in need during SUNY Broome’s Health for Haiti class.

“I just really put myself first in the past. This moment that’s happening now is because I’m really trying to do things for other people,” he explained. “I work 120 hours a week with school and my jobs. I mentor an individual with special needs on the weekends. I can do a lot of good with my life, so I don’t have the right to be tired right now.”

## **The importance of giving back**

Now 27 years old, Carr is in his final semester at SUNY Broome, where he is majoring in Individual Studies in Health Sciences and STEM. His long-term goal: become a physician assistant and help those in need.

“I find it very important to utilize what I’ve been blessed with to the best of my abilities. Medicine can tie in everything I am able to offer,” he reflected. “I really like the unity that medicine provides. As a PA, I can do a lot of different things rather than specializing.”

At SUNY Broome, he tutors fellow Hornets in biology, math, chemistry and organic chemistry, and is also a supplemental instructor for anatomy and physiology. He is also an integral part of campus life, serving as Student Assembly’s vice president of student affairs, co-president for the Tutor Club and a member of the President’s task Force on Diversity and Inclusion. He finds work for the latter organization to be particularly meaningful, especially the effort to make the faculty more reflective of the college’s diverse student body.

“This place, I can’t speak highly enough about it. I don’t even recognize myself,” he said of SUNY Broome.

One of his most meaningful experiences at SUNY Broome was his participation in the Winter 2018 Health for Haiti global service learning course.

Launched in January 2014, Health for Haiti is a four-credit, interdisciplinary course with a mission: provide humanitarian assistance to the poorest country in the Western Hemisphere, while preparing college students to contribute to global security and prosperity. Students in the course explore the dynamics between poverty, education and healthcare not through textbooks, but through engaging in service projects that address pressing needs.

Projects encompass a wide range of services, from providing solar power, clean water, bathroom facilities and community gardens in the rural community of Grande Saline, to hands-on education in the arts, computer literacy, science, nutrition and hygiene to both rural and urban Haitian children. Medical and dental clinics, food distribution, the creation and support of a sewing school and soap-making initiative, socializing orphans – Health for Haiti has done it all in the four years since it began.

When you’re given a second chance, a fresh opportunity to give back to the world, then put your heart and hands into it. Kevin Carr has learned this lesson well – and is grateful for the opportunity.

During his first attempt at college some years ago, he failed out with “a .2 GPA.” Fresh out of high school, he spent years in the darkness, losing his sense of self and filling the hole “in the usual ways,” he admitted. Five years ago, after yet another wake-up call, he asked his Facebook friends whether they knew of any camp jobs. Summer camp was an experience he remembered positively and one that could, he hoped, get him back on track.

A friend suggested the Arrowhead Bible Camp for adults with developmental disabilities. He has





Kevin Carr in Haiti never used such a device before. “The teacher said, ‘You just showed me a new world,’” Carr recalled.

One of his most touching experiences came with the same lab. Children were folding origami-type boxes for the new magnifying glasses they received as part of the science lab. It was also preparation of sorts for part two of the science class, when the Health for Haiti team will return this summer with foldable microscopes for their use. The microscopes are fully functional and fascinating, but a bit of work to assemble – hence the early practice with origami.



Kevin Carr, left, and Health for Haiti students



Kevin Carr teaching a child in Haiti

impacted his life: Sandy Stephens in the Student Activities Office, who “is amazing in every way.” Student Activities Director Jason Boring. The staff at the Learning Assistance Center. Executive Vice President Francis Battisti.

“I feel like I have this giant family. The financial aid ladies, student accounts – any place on campus I go, I meet with knowledgeable staff who want to help,” he said. “It’s so conducive for learning. This is such a great institution. I wouldn’t go anywhere else.”

“I had never bonded with a group of people faster or more deeply in my life. The impact it made was so incredibly tangible,” Carr said of his experience. “People in the developing world have so much compassion and true joy.”

Carr did a variety of tasks during the 10-day trip, and particularly appreciated his work with the education team, teaching Haitian children. One of the science courses they planned involved a microscope, which Dr. Jennifer Musa was demonstrating to a Haitian teacher who had



Kevin Carr makes a friend in Haiti.

One little boy had trouble folding his origami project, and Kevin sat beside him, helping him fold the paper. They shared no common language but a desire to learn and a desire to help. Afterward, they shared tears and a hug.

“It was a really special moment. That is what I want my life to be filled with,” Carr said.

#### **Part of the SUNY Broome family**

Back at home now, Carr keeps up his busy schedule – always making time to give back. He’s taking a basic EMT class in addition to his course load, thanks to the Union Volunteer Emergency Squad.

To help pay for college, he has received multiple scholarships through the Broome Community College Foundation, including the Paul & Mary Calice and Mildred Barton Memorial Scholarship two years in a row, the Alumni Association for Tutors scholarship and the Second Chance Scholarship.

He’s also a semi-finalist for another incredible scholarship: the Jack Kent Cooke Foundation Undergraduate Transfer Scholarship, worth up to \$40,000 a year. If he receives that scholarship, he hopes to go to his dream school: Ivy League Cornell University. In the meantime, he has been accepted by Binghamton University, where he plans to major in biological sciences, specializing in neurology and behavior.

And then it would be off to an intensive and competitive Physician Assistant training program, perhaps at Upstate Medical. Avoiding debt is a priority because Carr wants to work in the Third World, likely volunteering his time.

He’s grateful for his start at SUNY Broome and lists some of the many people who have impacted his life: Sandy Stephens in the Student Activities Office, who “is amazing in every way.” Student Activities Director Jason Boring. The staff at the Learning Assistance Center. Executive Vice President Francis Battisti.

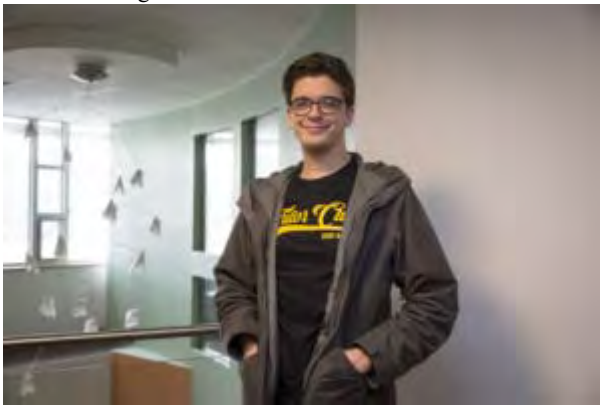




Serving food to Haitian children



Kevin Carr and the education team at work in a Haitian classroom

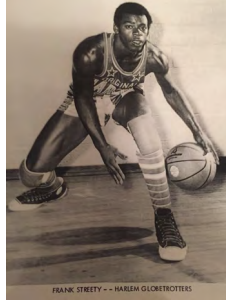


Kevin Carr

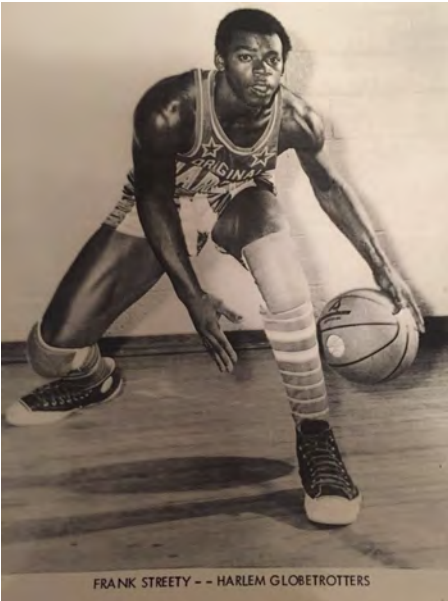


# Black History Month at SUNY Broome: Frank Streeby

February 20, 2018  
Featured News



*Frank Streeby*



Frank Streeby

*This post is part of a Black History Month series on SUNY Broome students, faculty and staff of color, who have been a valued part of the campus community since the college's founding in 1946. By any measure, Frank Streeby is a legend.*

Known as “Shake n’ Bake” for his wild moves on the basketball court, he was among the original Harlem Globetrotters – and a graduate of Broome Tech, as SUNY Broome was once called. ESPN named the Brooklyn native “a streetball legend” and included him among the two dozen best players produced by the famed Rucker Park – along with Kareem Abdul-Jabbar, Wilt Chamberlain and other greats.

A native of Harlem described as an orphan in early newspaper articles, Streeby first began playing basketball at the age of 12 and was a standout on the Eastern Districts High School’s basketball team. He came to Broome Tech in 1966 during its basketball heyday under legendary Coach Dick Baldwin.

“Frank is the most exciting and flamboyant player we’ve ever had. He was a great dribbler and had that show-biz appeal,” Coach Baldwin told a reporter in a 1977 news article.

Streeby had originally planned to attend Southern Illinois University, but found out last minute that his grades weren’t high enough for acceptance. Broome offered him the opportunity to improve academically as well as a needed scholarship, and he went on to earn a degree in Business Administration in 1968.

During his years on SUNY Broome team, the college went 53-12, won multiple tournaments and championships and headed to nationals both years. He also had to navigate the racial prejudice of the day, finding it difficult to even get his hair cut at a Broome County barber until Coach Baldwin stepped in. Despite these obstacles, Baldwin described his top-notch player in a 1967 newspaper article as “well-adjusted to racial problems in a white community” and without a trace of bitterness.

After graduating from Broome, he continued his education and his basketball success at Kentucky’s Murray State, graduating with a bachelor’s degree in Business. Streeby, who had led teams from both colleges in NCAA playoff games, was inducted into the NCAA Hall of Fame in 1992.

In 1969, he joined the Harlem Globetrotters and played in venues across the globe.

“I’m the type of individual who likes to see people happy. I like to help cover up some of the frustrations and problems of the world. And with the Trotters, where basketball is half-serious and half-fun, people can come out and laugh. I just love kids, too,” he told the predecessor to the Press & Sun-Bulletin in a 1977 article.

After retiring, he ended up in Florida, where he continued to show off his hoop tricks on occasion. He combined his love of the game with community service, as an instructor for the Youth Basketball of America Hoopsters program in Orlando and as CEO of the 360 ESAH Foundation, which aims to inspire, educate and empower communities around the world through grassroots efforts to bring about positive changes in the lives of children.



## Feb. 22 Common Hour: Financial Inequality

February 20, 2018

Buzz

Join faculty presenters Leeland Whitted and John Sterlacci at 11 a.m. Feb. 22 in T-102 for a discussion of financial inequality.

According to former president Barack Obama, economic inequality is the most important moral issue of our time. Why do so few have so much and so many have so little? Why do people with a strong work ethic have so few resources? What role does technology play in the problem? Also, is economic equality the natural result of capitalism or are there other avoidable causes? For example, is inequality the result of flawed human agency or structural restraints that prevent some from achieving in our economic system?

Come listen to two faculty members give their views of this phenomenon.





# Gallery Reception on Feb. 22 for Spring Student Photo Show

February 20, 2018  
Buzz



*Photo by Madelyn Chianis*

SUNY Broome Communications Department students and faculty will host a closing reception for the Early Spring Student Photo Show in the Art Gallery in the Cecil C. Tyrell Library from 6 to 9 p.m. Thursday, Feb. 22.

All are welcome to stop in and view an excellent array of student photographs taken with both 35 mm film and digital format cameras.

This is the first of two photography exhibits being sponsored by the Communications Department this semester. The current show will be on display until Feb. 28.

Early Spring Photo Show I Lib 2018

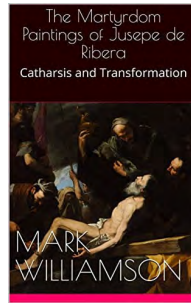


Photo by Madelyn Chianis



## SUNY Broome Art instructor has published two books

February 20, 2018  
Buzz



Dr. Mark Williamson, an adjunct instructor in SUNY Broome's Art and Design department, has published two books. *One: a memoir* paints a self-portrait through memories, and *The Martyrdom Paintings of Jusepe de Ribera: Catharsis and Transformation* is his doctoral dissertation. Check them out!



# Hungry? Students in need can use the Food for Thought Pantry

February 20, 2018

Buzz

Are you a SUNY Broome student in need? The Food for Thought Pantry is located in old Science Building Room 107A.

The pantry is run by the Student Assembly and here to help! Students may receive up to two food bags every month, full of food and/or hygiene products.

Applications are available through Student Activities and the Student Assembly, both of which are located in the old Science Building. Volunteers are also welcome. Contact [StudentAssembly@acad.sunybroome.edu](mailto:StudentAssembly@acad.sunybroome.edu) for more information.

Food For Thought (PDF)



# SUNY Broome, Excelsior graduate becomes photography entrepreneur

February 20, 2018  
Featured News



*Stephanie Jump*



Stephanie Jump

Congratulations to SUNY Broome graduate Stephanie Jump, who was recently featured in an article by Excelsior College!

From the article:

After graduating from high school in 2007, Stephanie attended SUNY Broome to attain her associate degree in criminal justice, a field she'd always held a deep interest in. This drove her to Binghamton University in 2013, where she pursued a bachelor's degree in pre-law.

But life had different plans. While studying at Binghamton, she became pregnant with her son, Braydon. Pursuing higher education became more difficult, but Stephanie knew remaining in school would help her provide the best life for herself and, most importantly, her son. She remembered her SUNY Broome academic advisor Terri Fadden mentioning Excelsior College and the convenience, accessibility, and affordability of its online curriculum.

She knew it was the right fit for her, and seamlessly continued her education without taking time off. After taking a few prerequisite classes at SUNY Broome, she enrolled in Excelsior's online program for psychology.

"Excelsior is so great because of the flexibility it offers in your course work," Stephanie says. "I was able to work around being a mom, which was incredibly important. You can't really take a baby to class, but you can take him to the computer."

She began volunteering as a photographer for the Endicott Performing Arts Center, which led to a new identity: that of entrepreneur and owner of Beyond the State Photography.

[Click here to read the article.](#)



## Ethics Conference registration is open! Register today

February 21, 2018  
Buzz



*Ty Muse, keynote speaker for the 2018 Ethics Conference*



Ty Muse, keynote speaker for the 2018 Ethics Conference

Registration for the ninth annual Ethics Conference is open! This event will take place from 3 to 8:30 p.m. Friday, March 23, in the Decker Health Sciences Building. This year's theme is Ethics of Education and will feature keynote speaker Ty Muse, President/CEO of Visions. His address is entitled "Education – The Great Equalizer."

Admission is free but you need to register as space is limited. You can register online at: <http://www.sunybroome.edu/web/ethics/registration> We look forward to seeing you at this year's Ethics Conference!



# Congratulations to the recipients of the Chancellor's Award for Adjunct Teaching!

February 21, 2018

Buzz

We are honored and pleased to both announce and congratulate our exceptional colleagues who are recipients of this year's SUNY Chancellor's Award for Excellence in Adjunct Teaching:

**Dawn Sella Graney**

Department of Health Information Technology

**Linda L. Jowett**

Department of Nursing

**Joshua H. Lewis**

Department of English

SUNY Broome is fortunate to have so many faculty and staff who go the extra mile to serve our students and our entire academic community. Please take an opportunity to congratulate these faculty members on receiving their Chancellor's awards. It's quite an honor, especially among the hundreds of exceptional adjunct faculty who grace our classrooms and online networks every year.

Congratulations to our Chancellor's Award winners!

-Kevin

Kevin E. Drumm, PhD

President

SUNY Broome Community College



# Meet and learn from the Intern Queen on Feb. 28

February 21, 2018  
Buzz



Known as “the Intern Queen,” Lauren Berger is arguably the nation’s most in-demand career and internship expert and speaks to thousands of high school students, college students and recent grads every year, motivating and inspiring them.

Catch her from 1 to 2 p.m. Feb. 28 in Decker 201 and learn how to up your internship game! Attendees will be entered into a raffle to win a Kindle Fire.



# Can you tell what's real and what's fake? Find out and win prizes on Feb. 27

February 21, 2018

Buzz

Image: Jon S, via Flickr      Can you tell real news from fake news? Use critical thinking and win real prizes! This game show-style event from **11 a.m. to noon Feb. 27 in Decker 117** will give attendees tools and tips to determine what's fake and what isn't.

This event is brought to campus by The Democracy Commitment, the President's Task Force on Diversity and Inclusion, and Student Activities.

[Therealfakenews2018 1 \(PDF\)](#)





# Who should we welcome? March 24 community deliberation to discuss immigration

February 21, 2018

Buzz



Join us from 9 a.m. to noon March 24, 2018, at Binghamton High School for a community deliberation on immigration, sponsored by the SUNY Broome Center for Civic Engagement.

All members of the community are invited to weigh in on questions such as:

- Should we reduce the number of immigrants legally admitted into the United States each year? If so, how do we decide who should be accepted?
- How should we handle undocumented immigrants in a way that is humane, but also fair to the millions who are waiting to enter legally?
- Does the current flow of newcomers compromise our sense of national unity or

instead build on a rich history of diversity?

- Does the United States have a humanitarian responsibility to take in refugees whose lives are in danger? How many can we realistically accommodate?

This conversation has been framed by the National Issues Forum Institute. Please pre-register for this event by emailing [strahleyla@sunybroome.edu](mailto:strahleyla@sunybroome.edu).



## Apply now: Scholarship deadline extended to March 2

February 21, 2018

Buzz

The Broome Community College Foundation has scholarships available to fit all needs but to be considered, students must apply!

Little-known facts about scholarships:

- Each year, the BCC Foundation awards more than \$1,000,000 in scholarships to incoming and continuing students.
- There are more than 200 scholarships that cover dozens of majors.
- Award amounts range from \$500 to full scholarships.

Don't miss your chance! To apply for scholarships and for additional information please visit:

<https://mycollege.sunybroome.edu/web/www/available-scholarships-for-students>



## In the Community: Shoe collection drive

February 21, 2018  
Buzz



The public is invited to participate in a shoe collection drive to raise funds for Nimmonsburg United Methodist Church. Donations of gently worn, used and new shoes are being accepted through April 30. All donated shoes will be distributed to people in impoverished nations to help those who are less fortunate become self-sufficient and make a difference in their lives.

The shoe collection box is located outside the church front door at 918 Upper Front Street, across the street from the college, or call 724-5421 to have shoes picked up.



# Life is Why: Sign up today for the Southern Tier Heart Walk on April 8

February 21, 2018  
Buzz



SUNY Broome welcomes the American Heart Association's Southern Tier Heart Walk from 10 a.m. to 1:30 p.m. Sunday, April 8, 2018!

The Southern Tier Heart Walk is a fundraiser for the American Heart Association/American Stroke Association.

We want people to experience more of life's precious moments. Life is why, each year, more than one million walkers participate in Heart Walk events around the country – each raising funds to save lives from this country's #1 and #5 killers: heart disease & stroke.

The event begins at SUNY Broome's Ice Center at 10 a.m. with heart-healthy exhibits, food, music and more. The opening ceremony kicks off at 11:30 a.m., followed by the walk. Refreshments will be available at 12:30 p.m., followed by a closing ceremony at 1 p.m.

Everyone is welcome to participate: corporations, businesses, schools, clubs, teams, individuals, groups, families and friends! Start your fundraising team today.

2018 Bing Hw Fact Sheet Final (PDF)

Visit [www.southerntierheartwalk.org](http://www.southerntierheartwalk.org) for more information. Email [HeartWalkVolunteer@gmail.com](mailto:HeartWalkVolunteer@gmail.com) to signup to volunteer.



# #MeToo: A Guided Dialogue rescheduled for March 8

February 22, 2018  
Buzz



Please join Haley Murphy, Confidential Advocate from Crime Victims Assistance Center, to discuss the #MeToo & Time's Up movements happening in the media and across the nation.

The event runs from 11 to 11:50 a.m. Thursday, March 8, in Decker 201. Voice your opinions, convictions and reactions during this guided conversation about the national condemning of sexual misconduct and what this means for the world we live in.

This event was originally scheduled for Feb. 22 but postponed due to weather. [Metoocommonhour \(PDF\)](#)



# Calling all writers and artists: Breaking Ground deadline extended to March 26

February 22, 2018

Buzz

Transformations  
Call for Submissions  
*Breaking Ground* 2018

SUNY Broome Literary Magazine

Send us your best original poetry, fiction, creative nonfiction, memoirs, artwork, photography or graphic stories for our annual theme issue. As with past issues, the only criteria are vividness, vitality, depth of thought and expression and, above all, excellence. Open to all SUNY Broome students, faculty, staff and alumni. The theme of the 2018 issue is transformation in all its permutations, which might include transcendence, migration, metamorphosis, and transmigration.

Reading and Submission Period:

September 1, 2017 to March 26, 2018

For submission guidelines,

and to submit your creative work go to:

<http://www2.sunybroome.edu/english/breakingground/>



## Time to laugh: See comedian Adam Grabowski on March 1

February 22, 2018  
Buzz



*Comedian Adam Grabowski*

Come and see comedian Adam Grabowski perform live from 7 to 8 p.m. March 1 on the Student Center cafeteria stage.

Adam is best known for his performance on *America's Got Talent*. He is also a five-time nationally-ranked Best Comedian by Campus Activities, APCA's Comic of the Year in 2017, and a two-time winner in Campus Activities Magazine's Best Comedy Act.

The first 10 people in the door will receive a Binghamton Devils Ticket. All attendees will be entered into a raffle for \$50 in gift cards to the bookstore!

[Adam Grabowski Flyer \(PDF\)](#)



Comedian Adam Grabowski



# College Assembly to meet Monday, February 26

February 22, 2018

Buzz

College Assembly will meet at 3 p.m. Monday, Feb. 26, in the Darwin R. Wales Center's Gary Alan Bosket Conference Room (Room 203B). All CA meetings are open to the campus community. The agenda for the meeting is attached. For more information on CA please visit: <http://www2.sunybroome.edu/shared-governance/college-assembly/>  
20180226 Ca Agenda (PDF)





# March 1 Common Hour: LGBTQ+ Representation in Japanese Animation

February 22, 2018

Buzz

LGBTQ+ representation has been present in Japanese animation since the 1990s. Our panel, from the Japanese Culture and Animation Club Executive Board, will explore standard anime titles and themes in exploring the impact on western otaku culture, as well as LGBTQ+ policy in Japan. The final 10 minutes will be reserved for a question and answer session.

The event begins at 11 a.m. March 1 in T-102.

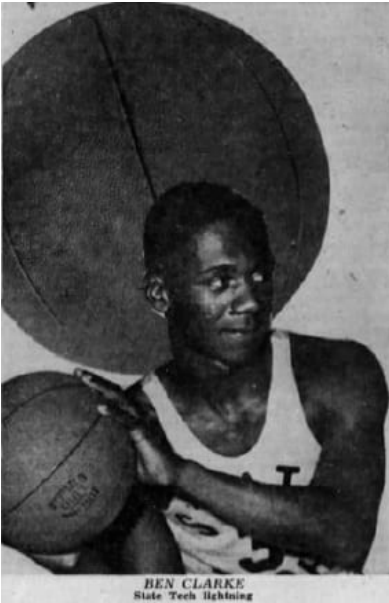


# Black History Month at SUNY Broome: Ben Clarke

February 22, 2018  
Featured News



*Ben Clarke from a 1950 newspaper article*



Ben Clarke from a 1950 newspaper article

*This post is part of a Black History Month series on SUNY Broome students, faculty and staff of color, who have been a valued part of the campus community since the college's founding in 1946.*

Blazing speed, State Tech lightning: These were some of the terms local newspapers used to describe Ben Clarke, an indelible part of Hornets basketball history.

A graduate of Binghamton North High School where he played multiple sports, Clarke attended SUNY Broome only a few years after its 1946 founding, back when it was referred to as "State Tech." He was a frequent sight on newspaper sports pages.

"Ebony-skinned Ben Clarke led State Tech to the win, dropping in 22 points," the *Binghamton Press* reported in February 1950. In 1950, the *Sunday Press* named him Basketball Player of the Year.

He received the same designation a year later from the *Binghamton Press*, after he led the Hornets to their fourth straight Empire State Conference championship. "Clarke was an inspiration to his teammates and scored many of his baskets at key points in crucial games," reporter Charley Peet wrote.

After graduating from State Tech in 1951 with a degree in Technical Office, Clarke went on to attend Hartwick College, where he was one of the first African-American male students.

During his time at Hartwick, he pledged to the local chapter of the Phi Sigma Kappa fraternity – despite the fact that the national organization forbade the admission of black students. When the national organization refused to recognize him, the Hartwick chapter left their newly purchased house and returned to its original Alpha Delta Omega designation to keep Clarke as a member, according to the fraternity's Facebook page.

"The time spent as PSK, and the events surrounding the pledging of Ben Clarke have left an indelible imprint on the fraternity, and the principled stand of the brothers of the 1950s is remembered and honored by the brotherhood as one of our proudest moments to this day," ADO wrote.



# Have a heart: Join the Southern Tier Heart Walk on April 8 right here on campus!

February 23, 2018  
Buzz



**In the next 10 minutes, 20 lives will be lost to heart disease — a devastating fact.** With your help, we can create hope for a better future. Get involved in this year's Southern Tier Heart Walk!

**The American Heart Association's Heart Walk will be held on Sunday, April 8, at 10 a.m. right here at our SUNY Broome Ice Center and you can be part of the SUNY Broome Team.** Plans for the walk are in full swing with fun you won't want to miss! There are free blood pressure checks, heartfelt survivor tributes and celebrations, and so much more. SUNY Broome already has a team online, so all you need to do is join it, and let your sponsors know how to contribute to help reach our \$5000 goal.

To sign up, go to [www.southern-tier-heartwalk.org](http://www.southern-tier-heartwalk.org), follow the path: Register to Walk, Join a Team or Start a Team, Returning Participant or User Log in, continue to follow prompts. **To create your own SUNY Broome team please name it using SUNY Broome in the title such as (SUNY Broome- Medical Assisting)** so that all

proceeds fall under the SUNY Broome team as a whole. If you need assistance setting up a team, please contact Deena Price at [pricedm@sunybroome.edu](mailto:pricedm@sunybroome.edu).

Also available is a **Field of Hearts form**. These hearts allow you to support the SUNY Broome Community College Team and also to remember &/or honor a loved one. If you are interested in purchasing a heart (Foam hearts are available for decorating yourselves or just complete a Field of Heart Form Field of Hearts Form and we will do it for you! ) please contact Deena at [pricedm@sunybroome.edu](mailto:pricedm@sunybroome.edu).



# Gallery reception for Spring Student Photo Show rescheduled for March 1

February 23, 2018  
Buzz



*Photo by Madelyn Chianis*



Photo by Madelyn Chianis

SUNY Broome Communications Department students and faculty will host a closing reception for the Early Spring Student Photo Show in the Art Gallery in the Cecil C. Tyrell Library from 6 to 8 p.m. Thursday, March 1.

The closing had originally been scheduled for Feb. 22, but was postponed due to inclement weather.

All are welcome to stop in and view an excellent array of student photographs taken with both 35 mm film and digital format cameras. This is the first of two photography exhibits being sponsored by the Communications Department this semester.



# Freezing for a cause: Polar Plunge raises scholarship funds

February 23, 2018  
Featured News



*Making a dramatic entrance worthy of an Olympic diver...*



The first jumper enters the water at the Polar Plunge Hospitality Programs students did a wonderful job running the event!



Participants agree: That water is c-c-c-cold



The final four in the pool

Local law enforcement officers took a chilly dip for a cause during SUNY Broome's fifth annual Polar Plunge, held Feb. 22.

In addition to law enforcement, SUNY Broome student Andrew Kinner and Criminal Justice faculty member Leigh Morrissey took a dip in the ice-cold pool of water, as snowflakes fell all around. The longer participants stayed in, the more money they raised for the Wes Warren Memorial Scholarship Fund, which aids students majoring in criminal justice.



And then there were three in the water at the Polar Plunge!



Making a dramatic entrance worthy of an Olympic diver....







## Creating a Culture of Literacy: SUNY Broome's Center for Civic Engagement launches The Literacy Legacy Project

February 23, 2018  
Buzz, Featured News

Professor Leigh Morrissey checks in for the Polar Plunge with SUNY Broome Hospitality students.



SUNY Broome Community College's Center for Civic Engagement announces the creation of The Literacy Legacy Project of Broome County, aims to work with the community to develop and foster high quality early learning and literacy experiences for all children in the county.

"We know that change happens best close to where families live their lives, through trusting relationships and networks in the community. Therefore, we are committed to working with the community to promote literacy awareness and engagement," said SUNY Broome Professor Lisa Strahley, who has developed the program.

The mission of the Literacy Legacy Project is to promote, inspire and support a culture of talking and reading to young children as part of everyday life in families and communities. The program will share high-quality resources and models to

ensure that all children in Broome County are surrounded by an abundance of literacy-rich experiences, beginning at birth. In short, adults will be encouraged to talk, sing, read and play with their children every day.

In partnership with The Children's Reading Connection and with the generous support from Assemblywoman Donna Lupardo, County Executive Jason Garnar and BAE Systems, this vision is becoming a reality.

**STAY TUNED!** Thanks to early sponsors, programs such *Baby's First Book*, *The Preschool Book* and *Welcome to Kindergarten* will be launching over the next few months. Each of these programs will help deliver the message to all families that early language experiences on the laps of loved ones are how children's brains are nourished, and also provide every young child in Broome County with their own book.

The Literacy Legacy Project is launching Talk It Up on April 26, 2018, as part of a multi-community reading of the book *Thirty Million Words: Building a Child's Brain* by Dana Suskind. Talk It Up was developed by the Children's Reading Connection founder, Brigid Hubberman.

To learn more about the Literacy Legacy Project of Broome County, visit [www.sunybroome.edu/literacylegacy](http://www.sunybroome.edu/literacylegacy)



# Celebrate STEM: Engineering Week Open House showcases student projects, local employers

February 23, 2018  
Featured News



*Engineering Brandon McCreary used a 3-D printer to make his own remote-controlled airplane.*



SUNY Broome students explain the Green van project and show voltage readouts from the school's solar panels.

Raymond Corp., Amphenol, BAE Systems, Lockheed Martin and Delta Engineers, Architects & Land Surveyors. In addition to interactive displays, the employers talked to students about job and internship opportunities, encouraging them to send their resumes along.

BAE Systems also brought its electric bus, which was on display next to SUNY Broome's Green Van. The projects are actually linked: The Green Van uses the same batteries as the electric bus, which were donated by BAE Systems.

SUNY Broome's IEEE student club took the broken and retired electric utility van, transforming it into a highly efficient racing machine that aced the Toyota Green Grand Prix at Watkins Glen International Raceway last year. The team — including driver and computer science major Mike DiGiacomo — will compete at the event again on April 13.



During the summer, Engineering Science major Brandon McCreary kept busy — by printing and assembling his own remote-controlled airplane.

For about \$20 worth of materials, he used his own 3-D printer to print the panels that make up the device, and then wired it and programmed the controller. All told, it took about 100 hours of printing. It's not the first thing he has built, either; he also assembled the 3-D printer itself.

The project was more than a fun hobby: It was a way to prove his engineering skills to potential employers — and helped him land an internship at Lockheed Martin.

"It's really important not just to study engineering, but to *do* engineering," McCreary explained during SUNY Broome's second annual STEM/Engineering Open House, where his project was on display. He plans to transfer to Binghamton University this fall to study mechanical engineering, and then earn a master's degree in business.

The open house featured local companies, including



Students talk with local employers during the STEM/Engineering Open House.

"Our big goal this year is to use full solar power," DiGiacomo explained to visitors at the STEM open house.

While the van already has a solar panel on the roof, the team will charge the batteries using the solar panels installed on the Applied Technologies Building before they leave for the competition. DiGiacomo demonstrated to visitors a panel reading the current voltages of the AT solar collectors — a bit low on a gray, rainy day.



Engineering Brandon McCreary used a #D printer to make his own remote-controlled airplane.

## All in the Family: SUNY Broome's Nursing program shaped a family healthcare tradition

February 23, 2018  
Featured News



The BAE Systems electric bus next to SUNY Broome's Green Van



Left to right: Rob Mack, Celeste Pazzaglini-Mack, Lisa Mack, Anne Rounds, Joe Mack



Left to right: Rob Mack, Celeste Pazzaglini-Mack, Lisa Mack, Anne Rounds, Joe Mack

Sciences Building didn't take shape until the 1990s and so the Macks took many of their nursing courses in 901 Front Street, which has since been demolished to make way for the Student Village.

Nursing, then as now, was a tough program – but the Hornets still had time for fun. The college had a bar then (the drinking age was still 18) and the family remembers the mixers, complete with bands. Spring Fling, which drew the campus community together for one great party. The days when Anne raised her pompoms as a cheerleader and chanted herself hoarse. The day after Labor Day in 1975, the first day of classes, when Rob met his future wife Celeste.

The Macks also remember their inspiring professors: Rick Firenze, who still teaches at SUNY Broome, and Executive Vice President Francis Battisti, who is returning to the classroom this fall. And who could forget Professor Elliott Reitz?

“Great guy,” Rob Mack said. “He used to throw the best nursing parties!”

### Family ties

The Mack family had a somewhat unusual introduction to the medical field. Their father worked as a barber for the Greater Binghamton Health Center, back when it was a psychiatric hospital with more than 3,000 patients on its vast grounds – with dormitories, facilities galore and even its own operating room.

He took his children to work with him sometimes and they fondly remember the kindness of the workers there, and the patients themselves. When it came time to contemplate the future, healthcare – and nursing in particular – seemed a familiar option.

“He wanted his kids to go to college, even though he did not,” Anne said of their father, who passed away during Rob's senior year of high school. Rob remembered the care his father received and that, too, influenced his decision to become a nurse.

Back when Joe and Rob entered the field, few men worked in the profession, traditionally considered a female enclave, Joe acknowledged.

Thanksgiving with the Mack family can get a little technical, in the medical sense.

That's understandable, when you consider that five of them – siblings Rob Mack, Joe Mack and Anne Rounds, and sisters-in-law Lisa Mack and Celeste Pazzaglini-Mack – are all SUNY Broome nursing graduates with decades in the field. The next generation of Macks is also heavily involved in healthcare, with more nurses, pharmacists, x-ray technicians and more than you could shake a stethoscope at.

The first generation blazed the trail at what was then called BCC, with Anne graduating first in 1975, Joe in 1976, Rob with a Liberal Arts degree in 1977 and a nursing degree in 1979, Rob's wife Celeste in 1979, and Lisa – married to brother James Mack – in 1983.

“In those days, there was a huge waiting list to get into nursing school,” remembered Rob – a scenario familiar to the many students trying to enroll in SUNY Broome's competitive nursing program even today.

Campus was different, then, with fewer buildings. The Decker Health



Joe Mack became a psychiatric nurse, working at the Greater Binghamton Health Center (formerly called the Psychiatric Center) and then the Glendale center for more than 38 years in a variety of capacities. He credited Professor Charles Kroll, who taught psychology at SUNY Broome, for contributing to his interest in psychiatric care.

Anne Rounds started off at Oneonta's A.O. Fox Hospital, and then transferred after six months to UHS Wilson Medical Center, where spent 36 years doing emergency care. Lisa's career took her to Lourdes Hospital, where she worked for a variety of departments before landing in ambulatory surgery, where she has worked for nearly 30 years.

Celeste began at Binghamton General Hospital before it became part of the UHS system, and worked as a private duty nurse for George F. Johnson's daughter. She spent 38 years at Binghamton General and is now the Stay Healthy Center's team leader in the Oakdale Mall.

Rob's path took him both in and out of the field. He started off as a critical care nurse for 10 years, but then left nursing for 25 years to work in the business and financial services sector. Five years ago, the two threads of his career combined; he currently works in business development for UHS Business Direct.

"That's the beauty of nursing: You can move around from department to department and never leave an organization," Celeste said. "From patient care to education, the sky is the limit."

[Click here to learn about our 50th anniversary of nursing event on April 28.](#)



# Lifesaver: Ivy League Hornet earns a second degree from SUNY Broome while preparing for med school

February 23, 2018  
Buzz, Featured News



*Adam Hatala*



Adam Hatala

You really don't want to run into Adam Hatala during one of his 24-hour shifts.

He's a consummate professional – caring, well-trained and dedicated to his job, and bursting with an infectious energy and enthusiasm. As a flight paramedic for Air Methods – an emergency air transportation company that facilitates life flights – Adam is the face people see on their very worst days, if they're conscious enough to see a face at all.

"The ability to give back to the community is very important to me. You haven't really lived until you've given something to someone who can't give anything to you," said Hatala, who graduated with degrees from both SUNY Broome and Cornell University.

That's right – this flight paramedic is an Ivy League Hornet and will one day carry the title doctor. Adam loves to learn new things, and is a firm believer in the importance of grit and the drive for success – all excellent qualities for a person who may someday save your life.

"If I didn't have Broome for my initial steps, I wouldn't have gone to Cornell," he said.

His journey began at SUNY Broome, where he took courses in the Emergency Medical Technology/Paramedic degree program before completing an Associate's degree in Liberal Arts and Sciences. He didn't take a semester off, opting for classes during the winter and summer terms in addition to the two main semesters.

A 2012 Union-Endicott graduate, he made the President's List during his Hornet days, joined the Phi Theta Kappa honor society and was named the New York State Chemistry Student of the Year. With a few friends, he re-ignited the campus Chemistry Club, drawing 35 participants during its first year, and tutored fellow students in the Learning Assistance Department.

After graduating, he went on to Cornell, where he earned his bachelor's degree in Biological Science with a concentration in human nutrition, minoring in education. He explored research, too, and became the first-named author on a paper published in a scholarly journal. The topic: reproductive fitness for male mosquitoes – a subject that impacts healthcare, because the genetically modified male mosquitoes that were engineered to decrease the prevalence of tropical diseases often fail to mate, Hatala explained.

He graduated from Cornell in spring 2017 – and then transferred credits back to SUNY Broome in a process known as reverse transfer. As a result, this semester he will earn his Associate in Applied Science degree in Emergency Medical technology/Paramedic, ending up with two Associate's degrees and the bachelor's from Cornell.

He appreciates the small class sizes at SUNY Broome and the availability of his professors. He joked that he kept a cot in the office of Dr. Daniel Brennan, his chemistry professor.

"Anytime I would need help, he would always have his door open. You don't get that at a big institution," he said.

At many universities, faculty are primarily focused on research. While that has its benefits, so does SUNY Broome's approach, which focuses primarily on student instruction and the curriculum, Hatala noted.

"There's a stigma that community colleges are extensions of high school. That's the biggest crock I've ever heard," Adam said. "Broome's academic level is on par with Cornell — the expectations, the assignments, the rigor. And 100 percent of my credits transferred! I got two years out of the way. Why spend \$60-grand?"

## **The future Dr. Hatala**

Adam fell in love with medicine at a young age and joined a local ambulance agency to both hone his lifesaving skills and aid his community.

He still volunteers as a paramedic with the Town of Union Ambulance Squad, when he's not on one of his 24-hour shifts with Air Methods or working part-time for Superior Ambulance in Binghamton. He is also applying to medical school and studying for the Medical College Admission Test in preparation.

He's not sure exactly what part of medicine will draw him in the end. It's a huge field 🏪 he finds all of the body's systems to be fascinating, especially the heart, the brain and pediatric care.

A go-getter by nature, he is looking even beyond his medical career – to the distant day when he decides to pursue a new dream. He has always wanted to earn a Ph.D., he mused. And after that: Teaching? Research? The sky's the limit.

Right now, as he prepares for his medical career, he remains focused on saving lives. Flight paramedics can bear witness to many terrible situations, but can't let their emotions get to them. In the end, "you have a job to do," Hatala said.

"I thrive on what I do. My coworkers are the best trained in the entire room," he said. "Monotony is not my middle name. I need something new every day."



# Black History Month Guest Speaker: Dr. Ibram X. Kendi Comes to Campus Feb. 27

February 25, 2018  
Buzz



*Dr. Ibram X. Kendi*



Dr. Ibram X. Kendi

## **Dr. Ibram X. Kendi Presents: How to be an Antiracist**

The President's Task Force on Diversity and Inclusion, in co-sponsorship with the Office of the President, the Office of the Vice President for Student Development and Chief Diversity Officer and the Office of the Associate Vice President for Academic Affairs, proudly presents SUNY Broome's **Black History Month guest speaker, Dr. Ibram X. Kendi.**

**Tuesday February 27, 2018 \* 6 p.m. \* Decker 201 \***

**Register here: <https://sunybroome.wufoo.com/forms/mk51pne1wju3sp/>**

When the first Black president headed into the White House, Americans were imagining their nation as colorblind and went so far as to call it post-racial. With the arrival of Donald Trump many people are awakening and seeing racial reality for the first time. With opened minds, people are actively trying to understand racism. In this deeply personal and empowering lecture, Kendi shifts the discussion from how not to be racist to how to be an antiracist. He shares his own racist ideas and how to overcome them. He provides direction to people and institutions who want more than just band-aid programs, but actual antiracist action that builds an antiracist america.

**This event is open to the campus and community by registration only**



# Can you tell what's real and what's fake? Find out and win prizes on Feb. 27

February 25, 2018

Buzz

Image: Jon S, via Flickr      Can you tell real news from fake news? Use critical thinking and win real prizes! This game show-style event from **11 a.m. to noon Feb. 27 in Decker 117** will give attendees tools and tips to determine what's fake and what isn't.

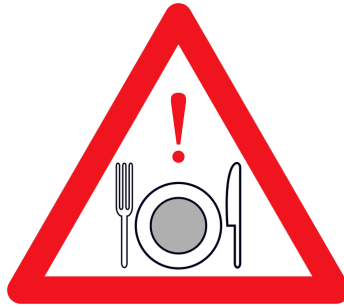
This event is brought to campus by The Democracy Commitment, the President's Task Force on Diversity and Inclusion, and Student Activities.

[Therealfakenews2018 1 \(PDF\)](#)



# 'This Body is Mine': Join us for a discussion on eating disorders March 1

February 25, 2018  
Buzz



Join us for “This Body Is Mine,” a powerful discussion on eating disorders with Alexis Katchuk from 11 to 11:50 a.m. March 1 in Decker 201.

Alexis writes: “Eating disorders and recovery, the physical body obviously comes up—and one of the most difficult things for me was to not only accept this body as my own, but also to appreciate this body and then, finally, love this body. I had to be comfortable in my own skin, I guess. And we see in most media that we should be striving to change our bodies, and we see in the media that we’re supposed to change ourselves. We are told that we are not good enough as we are. With social media and advertising pulling even more power in the society, being okay with who you are is becoming more difficult.”

This event is sponsored by Counseling Services. For more information, please contact Melissa Martin at 778-5210.



# Black History Month at SUNY Broome: Martha Fenty

February 25, 2018  
Featured News



*Professor Martha Fenty, in a 1984 photo in The Evening Press*



*This post is part of a Black History Month series on SUNY Broome students, faculty and staff of color, who have been a valued part of the campus community since the college's founding in 1946.*

For two decades, Professor Martha Fenty shaped students' lives at SUNY Broome, then known as BCC.

She developed her love of literature and her appreciation for the power of education early in life. In a 1984 article in *The Evening Press*, she remembered listening to her grandfather recite works of literature word for word. A native of Atlantic City, Fenty came from a long line of educators; her uncle was the first black principal in the city, while her father worked as an assistant principal and her aunt as a teacher.

"They instilled me with confidence and taught me a black person could never be suppressed if he or she was educated," she told reporter Darren Dopp.

Fenty earned a bachelor's degree in English at Fisk University, a historically black university in Nashville, and later her master's degree in English from Binghamton University.

She began her career as a teacher in her hometown, moving to Endicott after marrying her husband David. One of the first black teachers in the Union-Endicott school district in the 1960s, she continued her teaching career at SUNY Broome, where she spent 20 years before retiring in 2001.

Professor Martha Fenty, in a 1984 photo in *The Evening Press* She started Broome's first African-American literature course, and led students to conquer their fears in her public speaking class. Outside of the classroom, she developed and presented a pair of one-woman shows that drew on her love of African-American poetry.

With a talent for theater, Professor Fenty also starred in other local productions, such as Ntozake Shange's *For Colored Girls who have Considered Suicide when the Rainbow is Enuf*, and directed the BCC Verse Choir in a performance with the Fisk Jubilee Singers. She gave inspirational speeches at community events, such as a Martin Luther King Jr. Day service in Owego, and taught local children African folklore at the Discovery Center of the Southern Tier.

With a zest for life, she pursued many other areas of interest as well, playing both the cello and the piano, gardening and aiding numerous community organizations.

She passed away in 2007 at the age of 69.



# Eating Disorder Awareness Week: What fuels eating disorders?

February 25, 2018  
Buzz



*U.S. Air Force illustration*



U.S. Air Force illustration

*February 25 through March 3 is National Eating Disorder Awareness Week. This is part of a series of postings on the topic brought to you by SUNY Broome Counseling Services.*

Eating disorders are complex conditions that arise from a combination of long-standing behavioral, biological, emotional, psychological, interpersonal and social factors.

While eating disorders may begin with preoccupations with food and weight, they are most often about much more than food. People with eating disorders often use food and the control of food in an attempt to compensate for feelings and emotions that may otherwise seem overwhelming. For some, dieting, bingeing and purging may begin as a way to cope with painful emotions and to feel in control of one's life, but ultimately, these behaviors will damage a person's physical and emotional health, self-esteem and sense of competence and control. However, with appropriate treatment, people do recover from eating disorders and

go on to live healthy, fulfilling lives.





# The Monday Poem: 'Juneau Spring' by Dorianne Laux

February 25, 2018

Buzz

The Monday Poem is brought to you by Professor Jim Gormley of the English Department. Enjoy!

## Juneau Spring

DORIANNE LAUX

MARCH 1, 2007

In Alaska I slept in a bed on stilts, one arm  
pressed against the ice feathered window,  
the heat on high, sweat darkening the collar  
of my cotton thermals. I worked hard to buy that bed,  
walked towards it when the men in the booths  
were finished crushing hundred dollar bills  
into my hand, pitchers of beer balanced on my shoulder  
set down like pots of gold. My shift ended at 5 a.m.:  
station tables wiped clean, salt and peppers  
replenished, ketchups married. I walked the dirt road  
in my stained apron and snow boots, wool scarf,  
second-hand gloves, steam rising  
off the backs of horses wading chest deep in fog.  
I walked home slow under Orion, his starry belt  
hung heavy beneath the cold carved moon.  
My room was still, quiet, squares of starlight  
set down like blank pages on the yellow quilt.  
I left the heat on because I could afford it, the house  
hot as a sauna, and shed my sweater, my skirt,  
toed off my boots, slung my damp socks  
over the oil heater's coils. I don't know now  
why I ever left. I slept like the dead  
while outside my window the sun rose  
low over the glacier, and the glacier did its best  
to hold on, though one morning I woke to hear it  
giving up, sloughing off a chunk of antediluvian ice  
that sounded like the door to heaven opening  
on a badly hung hinge. Those undefined days  
I stared into the blue scar where the ice  
had been, so clear and crystalline it hurt. I slept  
in my small room and all night — or what passed for night  
that far north — the geography of the world  
outside my window was breaking, changing shape.  
And I woke to it and looked at it and didn't speak.

About this poem:

**Dorianne Laux:** Concerning the book (The Book of Men) this poem appears in: It all seems of a piece to me. The first section is devoted primarily to the men alluded to in the title: men from my past, the man on the street, famous men, men of myth, men who have influenced me, the heroes and anti-heroes of my life and imagination. Vietnam and the Iraq war collide in one poem, locales shift between the west coast and the east, poems of youth and age. But mostly these are poems that spring, as usual, from my very ordinary days.



# Feb. 26 Public Deliberation: How Do We Achieve Diversity at SUNY Broome?

February 25, 2018  
Buzz



Come and engage in a public deliberation from 4:30 to 6 p.m. Feb. 26 in the Student Village classroom, as we discuss how to achieve diversity at SUNY Broome.

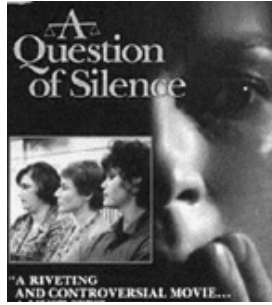
A deliberation will have you engage with tough ideas by discussing various pros and cons, rather than simply debating a point to “win.” You’ll work together toward creating potential solutions.

All attending will be entered into a raffle to win a Bluetooth Speaker!



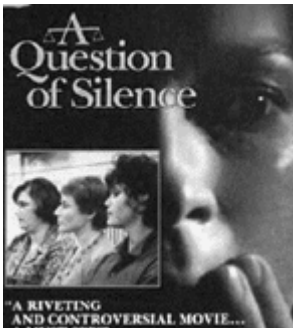
## March 7 film screening: 'A Question of Silence'

February 25, 2018  
Buzz



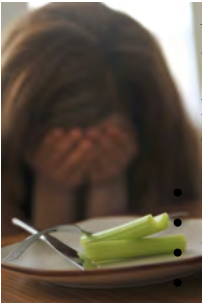
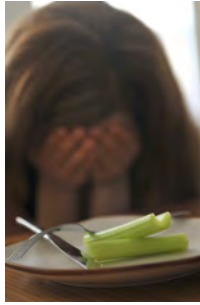
Join Phi Theta Kappa for a showing of the 1982 Dutch film "A Question of Silence," directed by Marleen Gorris.

Three women, strangers to each other, meet in a dress boutique and beat the shop proprietor to death. Other female shoppers ignore the whole situation and leave when the crime is complete. The court-appointed female psychiatrist who examine the women comes up with a unique defense. Part of PTK's International Film Series, the film starts at 7 p.m. March 7 in TH 101.



# Eating Disorder Awareness Week: Eating disorders by the numbers

February 26, 2018  
Buzz



*February 25 through March 3 is National Eating Disorder Awareness Week. This is part of a series of postings on the topic brought to you by SUNY Broome Counseling Services.*

Eating disorders such as anorexia, bulimia and binge eating are not a choice. They are serious mental illnesses that can have devastating impacts. These are some common statistics about eating disorders around which we base much of our community education and outreach.

- Eating Disorders affect up to 30 million Americans and 70 million
- 1 in 5 women struggles with an eating disorder or disordered eating.
- Middle-aged women are the fastest growing segment of the population being diagnosed with eating disorders
- Bullying about body size and appearance is the most common form of bullying in schools.
- The most common behavior that precedes and predicts an eating disorder is dieting.
- 42% of first through third grade girls want to be thinner.
- Men constitute 40% of those exhibiting Binge Eating Disorder.
- Girls who diet frequently are 12 times as likely to binge as girls who don't diet.
- 25% of American men and 45% of American women are on a diet on any given day.
- Americans spend over \$40 billion on dieting and diet-related products each year.
- Four out of ten individuals have either personally experienced an eating disorder or know someone who has.
- 81% of ten year-olds are afraid of being fat.

Adapted from: <http://emilyprogramfoundation.org/our-work/eating-disorders/stats-about-eating-disorders/>

If you are concerned about a friend, family member or yourself, please reach out for help. Counseling Services is located in Student Services Building Room 210 or 778-5210. Off campus resources include: The Nutrition Clinic (877) 752-1007



## On-campus construction activities for the week of Feb. 26

February 27, 2018  
Buzz



NOTE: A Civil War-era map has been mounted (and lighted) on the first floor corridor in the east end of Titchener. Please take some time to check this out! The map was donated by Professor Doug Garnar.

- Reconstruction of the restroom in the Student Center women's locker room has begun and will continue throughout this week.
- Masonry work for the new elevator in the Calice Center will begin this week.
- Window installation throughout Calice continues.
- The interior brick wall on the south side of the Connector is nearly complete.
- Ceiling grid and interior light installation continues.
- The remaining demolition (old roof and steel) in the vicinity of the pedestrian Connector bridge will take place this week.
- Slab preparation (subbase) for the radiant floor in the Connector will start later this week.
- Tile work in the bathrooms continues.
- Installation of new pumps/VFDs in the boiler room of Calice will take place this week.

As always, if anyone has any questions, please contact David Ligeikis at 607 765-9710.



# Meet and learn from the Intern Queen on Feb. 28

February 27, 2018  
Buzz



Known as “the Intern Queen,” Lauren Berger is arguably the nation’s most in-demand career and internship expert and speaks to thousands of high school students, college students and recent grads every year, motivating and inspiring them.

Catch her from 1 to 2 p.m. Feb. 28 in Decker 201 and learn how to up your internship game! Attendees will be entered into a raffle to win a Kindle Fire.



## **Council for Academic Issues to meet Feb. 28**

February 27, 2018

Buzz

The Council for Academic Issues will meet at 3 p.m. Wednesday, Feb. 28, 2018, in the Darwin R. Wales Center's Gary Alan Bosket Conference Room (203B). All CAI meetings are open to the campus community. The agenda is attached. For more information about CAI, please visit <http://www2.sunybroome.edu/shared-governance/council-for-academic-issues/>  
20180228 Cai Draft Agenda (PDF)



# Council for Operational Issues to meet March 1

February 27, 2018

Buzz

The Council for Operational Issues will meet at 9 a.m. Thursday, March 1, 2018, in the Darwin R. Wales Center's Gary Alan Bosket Conference Room (W203B). The draft agenda is attached. All COI meetings are open to the campus community. For more information please visit <http://www2.sunybroome.edu/shared-governance/council-for-operational-issues/>  
20180301 Coi Agenda





## Batter up: Baseball players needed

February 27, 2018  
Buzz



The men's baseball team is looking for anyone interested in playing for the SUNY Broome baseball team this spring. Please contact head coach Tyler Santos at [tyler.santos24@yahoo.com](mailto:tyler.santos24@yahoo.com) or call 607-624-3106 if interested. You may also stop by the Athletic Office, located in the Student Center Room 101, for information.



## Art exhibit 'triple play' at March 2 First Friday

February 27, 2018

Buzz

Join SUNY Broome Visual Communications Associate Professor Patricia Evans for a triple-play exhibition series this First Friday, March 2, in downtown Binghamton.

Faces: Women Suffragists will be exhibited at two locations, with an opening reception of 6 to 9 p.m. March 2 at both venues. The exhibits showcase classical realist life-size portrait drawings of iconic suffragists throughout history rendered in charcoal, pencil and mixed media. They were created by Evans' Beginning Drawing students, and are accompanied by historical photos and life stories.

Faces: Women Suffragists will be at **the Broome County Arts Council** at 81 State Street, Suite 501, through March 28; hours outside of First Friday are Monday through Friday from 11 a.m. to 5 p.m. The exhibit will be at **Christ Church** at 10 Henry Street through Sunday, March 4.

An opening reception of Faces: The Holocaust will run from 6:30 to 8:30 p.m. First Friday, March 2, in the lobby of **5 Riverside Drive**. The show continues through April 28. Portraits represent survivors and non-survivors of the Holocaust, rendered in charcoal, pencil and mixed media.

Each semester, Professor Evans' students focus on a marginalized and overlooked group of people, drawing attention to the sacrifice and struggle that it takes to make a difference. Her students take on the challenge of researching individual roles then begin the process of creating a likeness based on archival photographs.

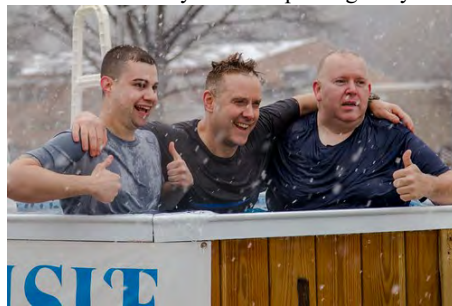


# Buzz photos: 2018 Polar Plunge

February 27, 2018  
Buzz



Couldn't make the Polar Plunge? You can still be there virtually with our photo gallery!



## #MeToo: A Guided Dialogue on March 8

February 27, 2018  
Buzz



Please join Haley Murphy, Confidential Advocate from Crime Victims Assistance Center, to discuss the #MeToo & Time's Up movements happening in the media and across the nation.

The event runs from 11 to 11:50 a.m. Thursday, March 8, in Decker 201. Voice your opinions, convictions and reactions during this guided conversation about the national condemning of sexual misconduct and what this means for the world we live in.

[Metoocommonhour \(PDF\)](#)



# Gallery reception for Spring Student Photo Show rescheduled for March 1

February 27, 2018  
Buzz



*Photo by Madelyn Chianis*



Photo by Madelyn Chianis

SUNY Broome Communications Department students and faculty will host a closing reception for the Early Spring Student Photo Show in the Art Gallery in the Cecil C. Tyrell Library from 6 to 8 p.m. Thursday, March 1.

The closing had originally been scheduled for Feb. 22, but was postponed due to inclement weather.

All are welcome to stop in and view an excellent array of student photographs taken with both 35 mm film and digital format cameras. This is the first of two photography exhibits being sponsored by the Communications Department this semester.



# Need food? Fresh Fridays comes to campus March 2, April 13 and May 4

February 27, 2018  
Buzz



The Mobile Food Pantry from the Southern Tier Food Bank will be on campus to distribute food to those in need during Fresh Fridays. Distribution will be in the Student Village parking lot from 10 to 11 a.m. March 2, April 13, and May 4.



# Meet and learn from the Intern Queen on Feb. 28

February 27, 2018  
Buzz



Known as “the Intern Queen,” Lauren Berger is arguably the nation’s most in-demand career and internship expert and speaks to thousands of high school students, college students and recent grads every year, motivating and inspiring them.

Catch her from 1 to 2 p.m. Feb. 28 in Decker 201 and learn how to up your internship game! Attendees will be entered into a raffle to win a Kindle Fire.





# Who should we welcome? March 24 community deliberation to discuss immigration

February 27, 2018

Buzz



Join us from 9 a.m. to noon March 24, 2018, at Binghamton High School for a community deliberation on immigration, sponsored by the SUNY Broome Center for Civic Engagement.

All members of the community are invited to weigh in on questions such as:

- Should we reduce the number of immigrants legally admitted into the United States each year? If so, how do we decide who should be accepted?
- How should we handle undocumented immigrants in a way that is humane, but also fair to the millions who are waiting to enter legally?
- Does the current flow of newcomers compromise our sense of national unity or

instead build on a rich history of diversity?

- Does the United States have a humanitarian responsibility to take in refugees whose lives are in danger? How many can we realistically accommodate?

This conversation has been framed by the National Issues Forum Institute. Please pre-register for this event by emailing [strahleyla@sunybroome.edu](mailto:strahleyla@sunybroome.edu).



## Time to laugh: See comedian Adam Grabowski on March 1

February 27, 2018  
Buzz



*Comedian Adam Grabowski*

Come and see comedian Adam Grabowski perform live from 7 to 8 p.m. March 1 on the Student Center cafeteria stage.

Adam is best known for his performance on *America's Got Talent*. He is also a five-time nationally-ranked Best Comedian by Campus Activities, APCA's Comic of the Year in 2017, and a two-time winner in Campus Activities Magazine's Best Comedy Act.

The first 10 people in the door will receive a Binghamton Devils Ticket. All attendees will be entered into a raffle for \$50 in gift cards to the bookstore!

[Adam Grabowski Flyer \(PDF\)](#)



Comedian Adam Grabowski



# Eating Disorder Awareness Week: On the 'freshman 15'

February 27, 2018

Buzz



Image by Courtney Emery, via Flickr

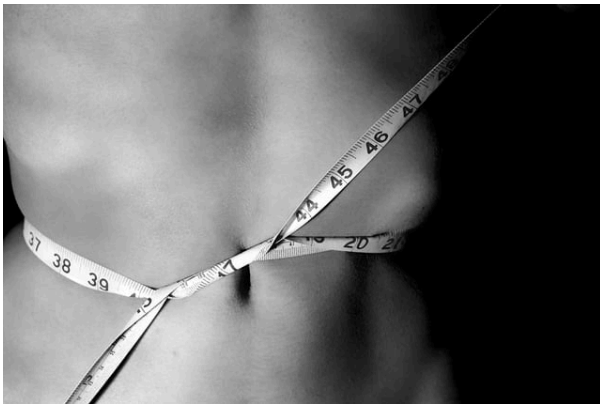


Image by Courtney Emery, via Flickr

*February 25 through March 3 is National Eating Disorder Awareness Week. This is part of a series of postings on the topic brought to you by SUNY Broome Counseling Services.*

Although it is widely believed that freshman in college gain significant weight and college resources should be targeted to obesity prevention, the first study of its kind finds otherwise. Using a nationally representative random survey, the researchers found that freshmen gain between 2.5 to 3.5 pounds on average. This is only a half-pound more than their same-age peers who do not attend college. (Zagorsky, 2011) Given the risks that dieting poses, especially to college students, anti-obesity campaigns on college campuses are not only unnecessary but potentially harmful. In a study of 204 female college athletes from 17 sports at three universities, 2% were classified as having an eating disorder and another 25.5% exhibited symptoms at a subclinical level. (Greenleaf, 2009)

Data from one college over a 13-year period show total eating disorders increased from 23 to 32% among females and from 7.9 to 25% among males. The

percentage of students eating according to a special weight loss diet increased from 4.2% in 1995 to 22% in 2008. (White, 2011)

Adapted from: <https://www.nationaleatingdisorders.org/sites/default/files/CollegeSurvey/CollegiateSurveyProject.pdf>

If you are concerned about a friend, family member or yourself, please reach out for help. Counseling Services is located in Student Services Building Room 210 or 778-5210. Off-campus resources include: The Nutrition Clinic (877) 752-1007



# March 1 Common Hour: LGBTQ+ Representation in Japanese Animation

February 27, 2018

Buzz

LGBTQ+ representation has been present in Japanese animation since the 1990s. Our panel, from the Japanese Culture and Animation Club Executive Board, will explore standard anime titles and themes in exploring the impact on western otaku culture, as well as LGBTQ+ policy in Japan. The final 10 minutes will be reserved for a question and answer session.

The event begins at 11 a.m. March 1 in T-102.



## Ethics Conference registration is open! Register today

February 28, 2018  
Buzz



*Ty Muse, keynote speaker for the 2018 Ethics Conference*



Ty Muse, keynote speaker for the 2018 Ethics Conference

Registration for the ninth annual Ethics Conference is open! This event will take place from 3 to 8:30 p.m. Friday, March 23, in the Decker Health Sciences Building. This year's theme is Ethics of Education and will feature keynote speaker Ty Muse, President/CEO of Visions. His address is entitled "Education – The Great Equalizer."

Admission is free but you need to register as space is limited. You can register online at: <http://www.sunybroome.edu/web/ethics/registration> We look forward to seeing you at this year's Ethics Conference!



## Voice students to perform at First Friday event

February 28, 2018  
Buzz



Voice students from SUNY Broome's Music Program will perform musical theater selections this First Friday, March 2, at Christ Episcopal Church, 10 Henry St, Binghamton.

There will be two separate performances at 6:30 and 8 p.m. Students are from the studios of Brenda Dawe and Peter Sicilian, and will be accompanied by Pej Reitz and Margaret Buhl.



# Women's History Month event: March 22 screening of 'Lot Lizard'

February 28, 2018

Buzz



Please join the SUNY Broome Women's Institute for a special screening of *Lot Lizard*, a documentary about truck stop sex workers, followed by a discussion with field producer and Binghamton native **Dan Livingston**. The event runs from 6 to 9 p.m. Thursday, March 22, in Decker 201, and will also include a reception, food and raffles.

[Women S Institute Lot Lizards \(PDF\)](#)





# Women's History Month: Help paint a mural on March 8

February 28, 2018  
Buzz



Students will have the opportunity to help paint a mural that will be displayed in the Student Center. This mural will be of Florence Chauncey, the first woman in Binghamton to cast a vote. The event runs from 10 a.m. to 2 p.m. March 8 in the Student Center lobby.





# Need food? Fresh Fridays comes to campus March 2, April 13 and May 4

February 28, 2018  
Buzz



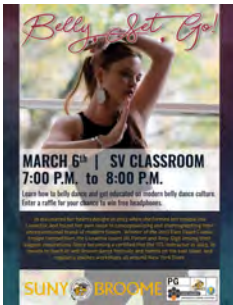
The Mobile Food Pantry from the Southern Tier Food Bank will be on campus to distribute food to those in need during Fresh Fridays. Distribution will be in the Student Village parking lot from 10 to 11 a.m. March 2, April 13, and May 4.



# Learn how to bellydance on March 6

February 28, 2018

Buzz



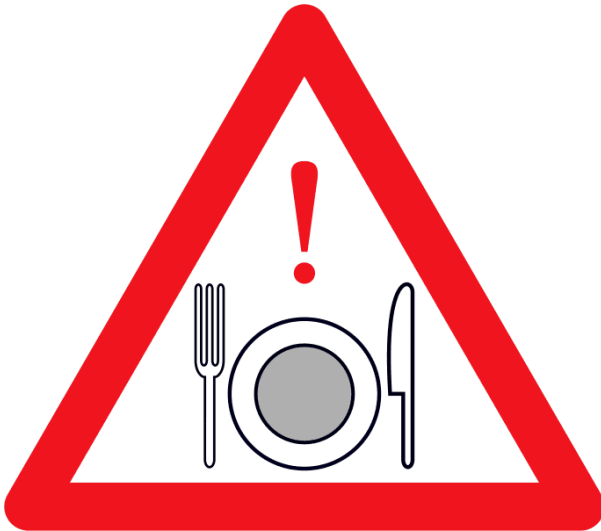
Learn how to belly dance and get educated on modern belly dance culture from 7 to 8 p.m. March 6 in the Student Village classroom. Plus, enter a raffle for your chance to win free headphones!

Jo discovered her heart's delight in 2013 when she formed her troupe, the Lunachix, and found her own voice in conceptualizing and choreographing their unconventional brand of modern fusion. Winner of the 2017 East Coast Classic troupe competition, the Lunachix count Jill Parker and Amy Sigil among their biggest inspirations. Since becoming a certified Hot Pot ITS instructor in 2015, Jo travels to teach at well known dance festivals and events on the east coast, and regularly teaches workshops all around New York State.



# Eating Disorder Awareness Week: What are the signs of different eating disorders?

February 28, 2018  
Buzz



*February 25 through March 3 is National Eating Disorder Awareness Week. This is part of a series of postings on the topic brought to you by SUNY Broome Counseling Services.*

If you are concerned about a friend, family member or yourself, please reach out for help. Counseling Services is located in Student Services Building Room 210 or 778-5210. Off campus resources include: The Nutrition Clinic (877) 752-1007

The below is adapted from: <https://childmind.org/article/signs-a-college-student-may-have-an-eating-disorder/>

## **Weighty worries**

While some weight concerns are normal, the mix of anxiety and the constant pressure to be thin can be a very dangerous mix for some. A history of serious anxiety is a strong indicator for eating disorders during college.

Dr. Baker, a child and adolescent psychiatrist, notes that if a student seems very stressed out or down and has been obsessing over losing weight, it's important to intervene.

"If she's reporting that she's unhappy or very anxious, and she looks very different than the last time you saw her, then it's time to ask," says Dr. Baker. Eating disorders include anorexia, bulimia and binge eating disorder, and each disorder has a

different set of signs.

## **Anorexia**

Anorexia is characterized by an intense fear of gaining weight. People with anorexia go to extremes, restricting food and over-exercising to prevent weight gain.

Signs that someone might be anorexic include:

**Obsession with getting thinner:** Constant preoccupation with gaining weight, calories, food intake or food ingredients that might be "fattening." A general obsession with body size and weight.

**Excessive exercising:** This goes way beyond being a gym rat. If someone spends hours running on the treadmill to "work off" a small snack or insists on going jogging outside even when she's sick or the weather's bad, that may be cause for concern.

**Food avoidance, hiding and lying:** People with eating disorders often try to hide what's happening from friends and family, which can make it harder to spot a problem. This might mean:

- Skipping meals or parties where eating or drinking are the main event.
- Avoiding the dining hall
- Always saying she's had a big breakfast or is in "too much of a hurry" to eat.
- Wearing baggy clothes to hide weight loss.

**A need for control:** People at risk for anorexia are perfectionists and often set impossible goals for themselves, whether it's getting straight A's, having a super-clean room or being the president of every club on campus. When the chaos of college makes it hard to control their environment, people with anorexia try to alleviate stress and anxiety by controlling the one thing they feel in charge of—their bodies.

**Serious weight loss:** Losing a ton of weight, especially in a short period of time, is a sign of real danger. If someone looks painfully thin, it's time to seek help.

## **Bulimia**

Like anorexia, bulimia is a serious eating disorder characterized by an overpowering obsession with body image and desire to lose weight. However, it takes a very different form when it comes to signs and symptoms.

Bulimia is a cycle of bingeing—eating large amounts of food in a short period of time—and purging, which could include self-inducing vomiting, abusing laxatives or diuretics, over-exercising or a combination of all three. People with bulimia aren't necessarily noticeably thin, which can make it harder to spot.

Signs someone might be bulimic include:

## **Bingeing and purging:**



- Buying and hiding large amounts of food
- Hiding uneaten food or wrappers from binges
- Inventing reasons to go to the bathroom to purge—if someone is always disappearing after a meal, that’s a big tip-off.
- Bad breath, swelling under the jaw or cheeks, tooth discoloration, acid reflux, or even knuckle calluses from self-induced vomiting.

**Obsessing about weight:** Talking about weight and size more than is usually considered normal. Constantly comparing her body to the bodies of friends, strangers and movie stars—and always finding herself wanting.

**Withdrawal from social events:**

- Skipping parties where eating is important
- No longer engaging in things she used to enjoy.
- Passing on activities that interfere with the routine of bingeing and purging.

**Binge eating disorder**

People who struggle with binge eating disorder (BED) will frequently eat large amounts of food, but unlike a person with bulimia, they don’t engage in any of the “purging” behaviors. The disorder is different from anorexia and bulimia because people with BED are not preoccupied with thinness, although they may struggle with poor self-esteem and often feel guilty and ashamed over any weight they’ve gained from their binges.

People with binge eating disorder may be feeling overwhelmed or out of control—they may struggle with managing stress or difficult emotions—and use food as a way to comfort themselves. Binge eating disorder is often associated with depression.

Signs that someone may have BED include:

**Rapid weight gain:** Binge eating leads to weight gain and can cause serious health problems including heart disease, diabetes, high blood pressure and others. Kids who are binge eating may be wearing really baggy clothes to hide weight gain.

**Hiding out:** For people with BED, bingeing is usually done in private. If someone is making excuses to eat alone, hiding food around her room or you’ve notice large amounts of food missing from the dorm, it might be a sign of trouble.

**Depression and withdrawal:** People with BED often struggle with feelings of guilt and shame after a binge, becoming depressed and isolated which perpetuates the binge-eating cycle.

