

<u>CRN</u>	<u>Course</u>	<u>Title/ credits</u>	<u>Dates</u>	<u>Days</u>	<u>Times</u>
31408	PED 103 01	Backpacking (CV) 1	8/26-10/11	R	2-4pm
30767	PED 106 22	Badminton (CV) 0.5	10/23-12/13	MW	1-1:50pm
34612	PED 110 21	Basic Ice Skating (CV) 1	10/23-12/13	TR	9:30-10:45am
31187	PED 118 01	Sol in Fitness and Wellness (CV) 1	8/26-12/16	MW	10-10:50am
31196	PED 119 01	Sol in Fitness and Wellness (CV) 1.5	8/26-12/16	TR	9:30-10:45am
34870	PED 120 01	Foundations of Exercise 3	8/26-12/16	TR	1:30-3:10pm
31207	PED 130 21	Martial Arts (CV) 1	10/23-12/13	TR	2-2:54 pm
31210	PED 140 01	Dance Pilates (CV) 1	8/26-12/16	TR	1:30-2:20pm
33769	PED 141 02	Yoga (CV) 1	8/26-12/16	TR	10-10:50am
31212	PED 146 01	Cardio Cross Training (CV)	8/26-12/16	MW	2-2:50 pm
4328	PED 150 Y01	Personal Nutrition 1	8/26-12/16	x	x
4333	PED 168 11	Exploring Healthy Lifestyles	8/26-10/11	MW	2-2:50pm
30760	PED 169 13	Tennis (CV) 0.5	8/26-10/11	MW	1-1:50pm
31407	PED 171 01	Principles of Training and Conditioning 1	8/26-12/16	MW	12-12:50pm
32833	PED 173 Y02	Fitness Walking (CV) 1.5	8/26-12/16	x	x
30770	PED 175 11	Weight Training (CV) 0.5	8/26-10/11	MW	12-12:50pm
32367	PED 181 01	Adventure Activities (CV) 1	8/26-12/16	TR	12-12:50pm
54162	PED 187 01	Team Sports (CV) 1	8/26-12/16	TR	11-11:50pm
54422	PED 188 01	Rhythms and Dance (CV) 1	8/26-12/16	MW	12-12:50pm

Questions? Contact Heather Hoffman

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