

# Mental Health First Aid, Narcan, and Science of Addiction Training

## Learn how to support your friends, family, and neighbors

Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults. You'll build skills and confidence you need to reach out and provide initial support to those who are struggling.

Narcan and Science of Addiction training includes education on how to recognize the signs and symptoms of opioid overdose and how to respond using Narcan (Naloxone), as well as a deeper understanding of how addiction affects the human body and mind. All who attend the full Narcan and Science of Addiction training will receive a free Narcan kit.

## Next Course:

**Mental Health First Aid**

**March 21st and 22nd**

**9:00 AM- 1:30 PM**

**Narcan and Science of Addiction March 22nd 2:00PM**

**Wales 203B**

**Registration is Required.**

**Contact Julianne Lee for more information:**

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