



HORNETS CHALLENGE



Do you want to improve your confidence, participate in some exercise fun, and enjoy the outdoors?

Are you planning to take a NYS Physical Ability Test, want to practice, and learn how to properly do push-ups and sit-ups?

Join us for the following event!

Join the Criminal Justice & Emergency Services Department, Physical Education & Sport Studies Department, Broome County Sheriff's Department, Regional Law Enforcement Recruits, and SUNY Broome Office of Public Safety for this event and challenge yourself!

When: Thursday, April 20, 2023 at 2:00 PM.

Where: Outdoor Obstacle Course, directly across from the Broome County Sheriff's Department is the entrance (up the hill from SUNY Broome)

Collaborative Confidence Course - *Outdoor obstacle course – bug/tick spray/sunscreen is recommended.

- This event is open to **all** current SUNY Broome students and employees (law enforcement recruits will be participating as well).
- Participants will be required to sign waiver forms prior to participation in the event (waivers will be provided at the start of the event).
- No need to pre-register – please arrive at 1:45 pm for the event to give you time to fill out the waivers.
- Appropriate attire, water, and a towel is recommended for both events.
- The event will be held rain or shine.
- **PLEASE DO NOT GO UP TO THE CONFIDENCE COURSE BEFORE THIS EVENT – this is maintained by the Broome County Sheriff's Office, NOT SUNY Broome.**

Additional information about the NYS Physical Ability Test can be seen on the [Broome County Sheriff's Physical Fitness Test Video](#).