

STOMP OUT STIGMA

**October 8th is World Mental Health Day.
Help Counseling Services
STOMP Out STIGMA around Mental Health**

How to Get Involved:

1. Create a poster that represents reducing the stigma around mental health.

Submit an ORIGINAL design by:

October 28th to

Counselingservices@sunybroome.edu

or drop it off to Science Building Room 102

During Business Hours

(Monday- Friday 8am-4pm)

**All entries must include Name and BOTH:
a SUNY Broome Email address and a phone number
PRIZES will be awarded to 1st and 2nd Place Student Entries**

2. Join Counseling Services as we

STOMP Out Stigma

around campus with another

Chalk the Walk Event October 14th

9am-10am

and other random times throughout the week