

Attention Students:



Meditation Monday

Join Counseling Services for Virtual
Mediation Monday

Dates: Monday, April 5, 12, 19, & 26 2021

Time: 11am~12pm

Meditation runs for 40 minutes with 10 minutes of processing.
Drop in one week or all four, or anything in between.

Beginners welcome! Free to all Students!

Call Melissa Martin 607-778-5210 or email martinmm2@sunybroome.edu with any questions or concerns.

Join Zoom Meeting

<https://zoom.us/j/95444088206?pwd=UTZnR280T11UMXNPd3p0cnZmTHZEUT09>

Meeting ID: 954 4408 8206